

SENIOR REPORTER

VOLUME 50, NUMBER 7

Contributing Writers:

Les Goldberg
Randal C. Hill
Lyn Jensen
Shana McCann
Jim McDevitt
Debbie L. Sklar
Nick Thomas

JULY 2023

"Serving The Needs of Orange County & Long Beach Seniors Since 1974"



Tina Turner

"People think my life has been tough, but I think it has been a wonderful journey."

— Tina Turner



What's Inside ...

Calendar of Events	5
Flashback	6
Classifieds	8-9
Song Preview	10
In The Spotlight	11
Book Club	14
Tina Turner	16
Off The Beaten Path	17
On The Road Again	18
Gadget Geezer	19
Fabulous Finds	20
Tinseltown Talks	21
Busy Boomers	23
Life After Mother	27
Movie Preview	28

Live AT HOME

Complete Senior Care

- ☒ Doctor Visits
- ☒ Healthy Meals
- ☒ Activities and more...

Health Care as Unique as You

Your health, your home – CalOptima Health PACE helps you enjoy the best of both.

Call Today
1-844-999-PACE
(7223)

caloptima.org/PACE



Program of All-Inclusive Care for the Elderly

Participants must receive all needed services, other than emergency care, from CalOptima Health PACE providers and will be personally responsible for any unauthorized or out-of-network services.

CalOptima Health, A Public Agency
IR21_AD002_H7501

SYD'S YUMMY STUFF

Chef and Owner Sydney Berman
Dinner Delivery Services

All Specialty Diets Welcome

No Touch Delivery Available

Call or Email us for Monthly Menu Details

• 100% Natural • 100% Made With Love • 100% Preservative Free

(562) 716-4798

www.sydsyumystuff.com Sydsyumystuff@yahoo.com



DIRECT CREMATION \$775.00

*Call For Details

- Family owned and operated
- Affordable Cremation and Burial Services
- Preplanning Options
- Veteran assistance for burials in National Cemeteries
- Domestic and International flight and burial arrangements



Available 24 hrs / 7 days

Reflections Funeral Services FD2133

616 S Chaucer St

Anaheim CA 92806

714-587-0615

Web: reflectionsfuneralservices.com




lear Choice
Senior Services

Southern California's Assisted Living Experts
Call Toll Free 800-409-1917

Use Our No-Cost Personalized Services to
Assist in your Search for Elder Care:
Independent Living • Assisted Living
Licensed Residential Care Homes
Alzheimers/Dementia Care
Short-term Respite Care • Hospice Care

What our clients have to say: "Much, much appreciation! I truly value you and what you have to offer on a professional level. Your knowledge, compassion, and ethics truly made a difference." —K.B.



United Nations Children's Fund

This ad is provided for no fee in recognition of UNICEF's outstanding humanitarian work

Voices in the Dark

By Jim McDevitt



It was about 10 p.m. and my wife and I were engrossed in a television murder mystery. Some of the characters in the story had foreign accents that made it hard for me to understand at times what they were saying. My wife and I were sitting there in front of the television with the lights out when suddenly in the darkness a voice started talking. I had no clue what it was, but my wife calmed me down by telling me it was Alexa.

Alexa is a voice-activated device you can talk to and ask questions and it will give you an answer. One of the characters on television must have used her name and said something to her which set her off. That incident I am sure has caused me to lose more of my thinning hair. We have another device that goes by the name of Siri that does the same things. It is getting spooky up here in the mountains late at night.

Can you imagine what would happen if Alexa and Siri had a misunderstanding and got into a shouting match? I wonder what the police officers would think if they got a disturbance call that turned out to be two machines arguing. Someday I

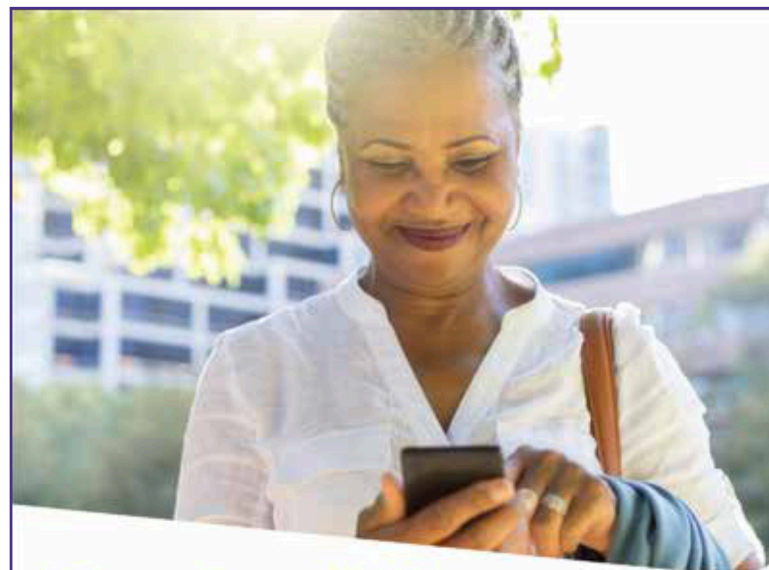
think each home will have a robot doing chores, even walking the dog, and picking up after him or her. Can you imagine the

fright of being tapped on the shoulder at 6 a.m. for the first time by a robot because it was time for you to get up for work?

Of course, Alexa and Siri have their good points. You can ask them a question and they will give you a quick answer. If it's complicated, they will produce references to books or a newspaper person and say this is what I found. Then you can copy that information to get

right to the sources you need. It's funny but my dogs pay no attention to Alexa or Siri. They just treat them as if they are part of the furniture.

I draw the line though at having a robot drive me around. What would happen if two robots were trying to get ahead of each other on the Interstate? Not good. The good news is that when I heard the voices in the dark it wasn't a deep baritone voice, they sounded like they were mad at me.



Turning 65?

We can help answer your Medicare questions.

If you need care now or expert guidance enrolling in Medicare, we can help. With video visits day or night, a nurse advice line and 24/7 telephone support from our local patient navigation center. Close-to-home health centers and conveniently located urgent care centers. Plus easy access to Medicare specialists, resources and education. Whether it's Sunday afternoon or 3 a.m., get high-quality care no matter when or where. With MemorialCare.



Consult our
Medicare
specialists.



877-MYMEMCARE (696-3622) | [memorialcare.org/Medicare](https://www.memorialcare.org/Medicare)

Adapt 2 It

Home Medical Supply

When You Can't Change It - Adapt 2 It.

◆ SALES ◆ RENTAL ◆ DELIVERY ◆

◆ Compression Stockings
◆ Wheelchairs
◆ Walkers
◆ Walk-In Tubs
◆ Hospital Beds
◆ Scooters
◆ Lift Chairs
◆ Bidets
◆ & Much More

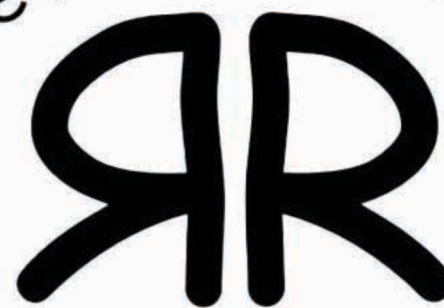
Fall Prevention Specialist
Call for a **FREE Home Safety Evaluation**

949-432-5888
333 Old Newport Blvd #3
Newport Beach, CA 92663

949-457-1600
24100 El Toro Rd.
Laguna Woods, 92637

www.adapt2it.com

Reverse Robert



Reverse Mortgages
Educator/Specialist
(714) 770-7057

sr.slater@gmail.com
DRE 00982503/NMLS 338253
RobertSlaterHomeLoans.com



*Preparing Today
Eases Tomorrow™*

FEIG LAW FIRM

- WILLS • TRUSTS •
- PROBATE • SPECIAL NEEDS TRUSTS •
- TRUST LITIGATION • FAMILY LAW •



**SCOTT FEIG, J.D., M.A.
ATTORNEY AT LAW**
949-689-9715

FEIGLawFirm.com

930 Roosevelt • Suite 214 • Irvine, CA 92620
(near Jeffrey Rd.)

BATH REFINISH

BATH-BRITE

Repairing and Refinishing Tubs, Tile,
Fiberglass and Sinks Since 2001

(714) 864-4797


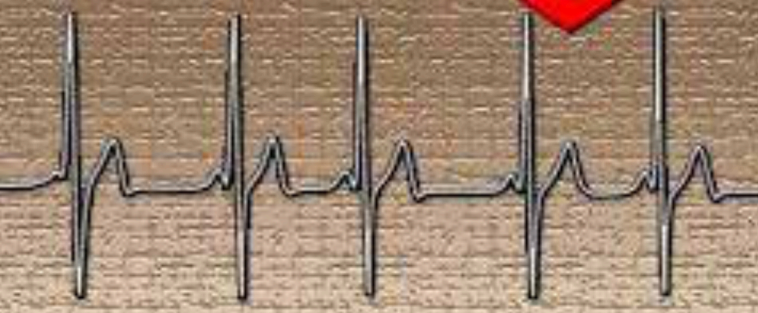
Servicing Orange County and Parts
of Los Angeles County

**CALL FOR A
FREE ESTIMATE!!!**

Kyle Thompson
www.bath-brite.com



**American Heart
Association**

Have you been curious about

A Memorial at Sea?

We've made it personal.

From private chartered boats, to a
paddled out option, we can arrange
to have a meal, music, or even
toast champagne.

- The possibilities are endless.

Simple. Personal. Memorable

Yes, you can pre-plan a Memorial at Sea
Call today for a FREE Guide (949) 382-7782




22772 Centre Drive, Suite 130
Lake Forest, CA 92630 | FD 2241
(949) 382-7782
PacificCremationServices.com

Advertise in The
Senior Reporter's
**CLASSIFIED &
PROFESSIONAL
SERVICE DIRECTORY**

Only **\$37.50**
a month with a
6-mo. commitment

Email:
seniorreporterofoc@aol.
com or call
Bill Thomas at
(714) 458-5703



**American
Heart
Association®**
Learn and Live

GETTING MEDICARE RIGHT

New to Medicare? Medicare 101- questions welcome

Call me and I can help!



Why Me?

- ✓ 34 years as an RN
- ✓ 18 years of health insurance advisor experience
- ✓ Independent agent for over 20 insurance carriers

**CALL ME AND SEE
WHAT'S RIGHT
FOR YOU**

"Sadie"

Suzanne Moriarty
Independent Agent #0804860

2023

Medicare Advantage plans

Know what matters most to you

- Plans pay you \$125/month
- Unlimited Chiropractor/Acupuncture
- Over the counter increases
- No limit Dental • Implants

Medicare Supplement Plans

- Can go to any doctor/hospital
- Innovative/Extra (NEW!)
- Gym • Hearing
- Vision • Chiropractor

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area.
Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.



Scan the QR Code to join
us and listen to our latest
podcast that was featured
on Orange County Breeze
Sidecar!

5252 Orange Ave. #107, Cypress, CA 90630

CALL NOW FOR AN APPOINTMENT!



714-348-8195



**With A Heart
for Seniors**



JULY Calendar of Events



July is a great month to go out and enjoy all the events that are going on, from fairs and festivals to art shows and more.

Grab the grandkids and head out to any or all of these exciting events happening in July before they disappear.

Festival of Arts Laguna Beach

July 5 – Sept. 1

Come discover the Festival of Arts in Laguna Beach, a juried fine art show featuring 140 of Orange County's top artists in an open-air gallery setting. A world-renowned art destination, visitors can take tours of the exhibit, catch an art demonstration, dine at one of the on-site restaurants, create their masterpieces, or simply enjoy the creative atmosphere. Weekends are jam-packed with live music and special events providing entertainment for all. At 650 Laguna Canyon Road, Laguna Beach.

Pageant of the Masters “Art Colony: In the Company of Artists” Laguna Beach

July 7 – Sept. 1

Shows Nightly at 8:30 p.m.

The Pageant of the Masters is one of the most unique productions in the world. Each evening

during the summer season, classic and contemporary works of art are faithfully re-created with theatrical illusion and real people posing as living pictures. Enjoy art that comes to life under the stars in the Pageant's outdoor amphitheater. In 2023, the Pageant of the Masters will celebrate the 90th anniversary of the first presentation of “living pictures” at the Festival of Arts. From that humble beginning, the Pageant has continued to evolve and grow into the world-class entertainment it is today. The 2023 production, “Art Colony: In the Company of Artists,” will acknowledge the deep connections and memorable stories of artists assisting one another throughout the world and history. Tickets start at \$35 per person (Including a season pass to the Festival of Arts Fine Art Show). At 650 Laguna Canyon Road, Laguna Beach. Tickets, www.foapom.com; call, 949-497-6582, or 800-487-3378.

From Dinosaurs to People Santa Ana July 9

It's Dino time: Together with vendors from all over Orange County, there will be demonstrations of histories and cultures here in SoCal in a family and pet-friendly event. At, Heritage Museum of OC, 3101 W.

Harvard St., Santa Ana. Call 714-540-0404.

The Orange County Fair Costa Mesa

July 14 – Aug. 13

Wednesdays-Sundays

Tickets for the annual OC Fair are on sale, but with limited daily capacity this year, days could sell out. The annual Orange County Fair is the premier family attraction in Southern California offering a wide variety of exhibits, foods, entertainment, rides, and hands-on activities. There is something for everyone at the fair including the summer headline concert series, working farm, petting zoos, thrill rides, contests, and games. Tickets must be purchased in advance. There will be no transaction fees on fair admission. Fairgoers should make sure to get tickets for special days and group adventures now. At, OC Fair & Event Center, 88 Fair Drive, Costa Mesa. Call 714-708-FAIR.

Dachshund Races - Huntington Beach

July 16

Noon check-in, race starts at 1 p.m.

See these short-legged but swift “Wiener Dogs” race to the finish line once a month at Old World Village. The Wiener Dog Races are always one of

the most popular attractions at Old World, and while the races are usually held once a month, during Oktoberfest enjoy the “Running of the Wieners” every Sunday between 3 and 4 p.m. Placed into one of four weight classes, the Dachshunds run a 22-yard course with their owners at the finish line, luring their dogs to run toward them with colorful toys, food, cheers, and the occasional begging. Entry and admission prices vary. At, Old World Village Festival Hall, 7561 Center Ave., No. 49, Huntington Beach.

Sigler Park Splash Pad Tustin

Through Sept. 4

12-5 p.m.

Explore an array of fun new features including a grand captain's wheel, a huge ship anchor, friendly fishes, and cool sea serpents. Private rentals are also available. At, Sigler Park, 7200 Plaza St., Westminster. Call 714-895-2860.

Sawdust Festival Laguna Beach

Through Sept. 3

Outdoor arts and crafts festival where you can watch artists create their work and buy directly from the artists while enjoying the unique atmosphere. At, 935 Laguna Canyon Road, Laguna Beach. Call 949-494-3030.



“I’VE NEVER UNDERSTOOD WHY MY HUMAN WON’T LEAVE THE HOUSE WITHOUT HER LEASH. I THINK SHE’S AFRAID OF GETTING LOST. BUT IT’S OK, I KIND OF LIKE SHOWING HER AROUND.”

—HARPER
adopted 08-18-09

adopt
thesherpetproject.org

Ad Council THE HUMANE SOCIETY

\$\$ CASH \$\$

For Coins

Costume Jewelry
Currency, Comics
Crystal, Stamps
Scarfs, Purses
Gold, Silver
Art, Large Coffee
Table Books
Antique Furniture
Porcelain

In addition to full
or partial liquidation

**Contact Harry
949-244-6686**

Is It Time to Think About Moving?

Lily has the Resources to Help You Plan Your Next Move!

Call Lily 714.717.5095! She can provide you with the following information:



- Free evaluation of your home value
- Top 10 best cities to retire within California
- Top 20 best cities to retire within America
- Top 16 over-55 communities in Orange County
- Top 5 tips for downsizing
- How to move your current tax bill to your new home
- Free Home consultation with preparation, advice and strategies to get you the most money for your home

Lily Campbell

DRE Lic# 01229782

714-717-5095

Lily@lilycampbell.com

www.lilycampbell.com

#1 In Orange County 3 Years in a Row*

#1 in Fountain Valley 22 Years Straight!

LILY & LILY'S TEAM ALSO SPEAK 中文, TIẾNG VIỆT AND ESPAÑOL



*Based on information from the Association of REALTORS® Multiple Listing Data Obtained as of 1/1/15 through 12/31/22 and/or other sources. Display of MLS data is deemed reliable but not guaranteed accurate by the MLS. If your home is currently listed, please disregard.

FLASH BACK

By Randal C. Hill

'The Coolest Drive in Town'

And you'll learn to do this, the Peppermint Twist.

In 1960, Chubby Checker's multi-million-selling "The Twist" spent four months dominating the Top 40 airwaves. But, as with any hit tune, it eventually faded from favor and ended up on the voluminous heap of Golden Oldies.

Nearly two years later, though, Checker's dance disc began earning radio spins again. For the second time, "The Twist" rocketed to No. 1 on "Billboard's Hot 100" singles list — but only briefly; the Chubster was soon knocked off the top spot by newcomers Joey Dee and the Starlites with their "Peppermint Twist."

The New York City-based ditty was ear candy with a heavy dance beat and lyrics that probably didn't cause Bob Dylan any sleepless nights:

Well, they've got a new dance and it goes like this

(Bop shoo-op, a bop bop shoo-op)

Yeah, the name of the dance is the Peppermint Twist

(Bop shoo-op, a bop bop shoo-op)

And where may we do such a dance, Mr. Dee?

Meet me baby down on 45th Street

Where the Peppermint Twist-ers meet

The difference between the dances? While Chubby's uncomplicated moves were akin to shuffling one's feet to extinguish a dropped cigarette butt, the short-lived "Peppermint Twist" dance involved pointing toes, crossing feet, and employing elements of the Charleston.

The Peppermint Lounge was located at 128 W. 45th St. in the Times Square area and featured an interior that reeked of spilled beer and stale cigarette smoke. Entering patrons had to walk the length of a battered, 40-foot-long mahogany bar and traverse a mirrored hallway that opened to an absurdly small rectangular dance floor at the back. That's where, on a raised platform, Joey and company rocked each night.

Then a sea change transformed the little-noticed locale. Middle-aged jet setters became tantalized by recent newspaper puff pieces from New York Society Columnist Cholly Knickerbocker (actually the nom de plume of fashion *meister* Igor Cassini). He had spread the word that the watering hole had suddenly become *the* social epicenter for Gotham movers and shakers.

Eventually seen gyrating among the hoi polloi were such A-listers as Marilyn Monroe,

Truman Capote, Greta Garbo, Norman Mailer, Judy Garland, and Tennessee Williams. (But not, as was sometimes reported, First Lady Jackie Kennedy, although she occasionally did groove with Checker's iconic dance at some private gatherings.)

Every weekend, the famous, the infamous, and the anonymous arrived. The back of a Joey Dee album proclaimed, "For every motorcycle that pulls up to the front door, there is a Rolls Royce right behind it."

The raucous joint wasn't for everyone, though. Drama critic John McLean claimed it "possessed the charm, noise, odor, and disorder of an overcrowded zoo." Overcrowded, for sure; the legal number of partiers allowed in was 178, but many more than that sardined into the back room each night.

Like any fad-fueled hot spot though, the Peppermint Lounge became unhip when the hipsters moved to other venues. Few people cared- or even noticed when the club closed its doors in 1965.

Bibliography

Books:

Bronson, Fred. *The Billboard Book of Number One Hits (Third Edition)*. New York: Billboard Books/Watson-Guptill Publications, 1992.

Dawson, Jim. *The Twist: The Story of the Song and Dance That Changed the World*. Boston: Faber & Faber, 1995.

Internet:

Chubby Checker, Joey Dee, and the Starlites, *Peppermint Lounge*, and *The Twist* (song). en.wikipedia.org. Mariampolski, Hy. "Peppermint Lounge: Twistin' the Night Away." Sept. 2, 2021. postcardhistory.net.

Whiteside, Johnny. "Peppermint Lounge." Nov. 15, 2012. laweekly.com.

Wolcott, James. "A Twist in Time." Nov. 2007. www.vanityfair.com.

Magazine:

Hill, Randal C. "Let's Twist Again...and Again...and Again..." Jan. 2018. *Reminisce Magazine*.

Med Wigs

Wigs for alopecia and chemotherapy



FULL WIGS

Chemotherapy
Complete Hair Loss



TOPPERS

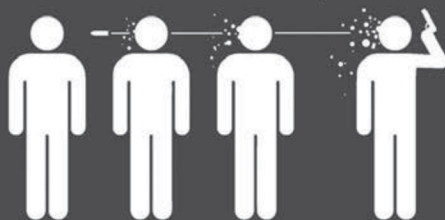
Alopecia
Partial Hair Loss

www.medwigs.com

Appointment Only (Mon ~ Sat)

714-309-8749

**1127 W Orangethorpe Ave.
Fullerton, CA 92833**



It Affects Everyone.

Please don't go through with it.



American Foundation
for Suicide Prevention

1-800-273-8255
www.afsp.com

The Last Word in Hucksterism

By Randal C. Hill

Motorists zooming between Los Angeles and Las Vegas today will pass a highway sign announcing a turnoff at Zzyzx (ZY-zix) Road. Most drivers shoot past the isolated exit in their mad dash to Sin City, 100 miles northeast. Those who take the road end up at the Desert Studies Center, a part of the California State University system. At one time, though, this place was a con artist's personal paradise.

Originally named Soda Springs, it was a long-deserted army fort deteriorating on the shore of a vast salt flat. In 1944, Curtis Howe Springer, an imposter who claimed to be a minister and psychiatrist but was neither, convinced government officials to rubber-stamp his request for a 12,000-acre mining claim; he had explained that refining the salts there could provide possible health benefits. He also changed the name to Zzyzx, a nonsense word he created in order to become the last listing in any phone book or dictionary.

To fulfill a utopian vision he had, Springer recruited homeless men from Los Angeles's skid row, offering free round-trip bus rides, food and shelter in tents in exchange for their labor. Eventually the Zzyzx Mineral Springs and Health Resort grew to include a 60-room hotel, a recording studio, a private airstrip, a cross-shaped swimming pool and a man-made lake. (Springer was able

to tap the Mohave River, which flowed underground nearby.)

Much of his income came from donations generated by his popular evangelical radio broadcasts that aired on 221 stations in America and 102 overseas. On his taped half-hour shows, the charlatan merged a homespun philosophy, gospel recordings, "the facts about life and how to live it," and the marketing of various health foods and cures.

And what cures they claimed to be! Miraculous powers were said to be had from a concoction of celery, carrots, turnips, parsley and brown sugar. A mixture of laxative herbs was sold as Antediluvian Tea. There were also curatives for everything from baldness to sore toes to cancer.

Zy-Pac was a typical product. People were told to rub the area's salts vigorously over their scalps, then bend over and hold their breath for as long as possible. The resulting flush on the cheeks and scalp proved the salts' beneficial action. Or so the quack claimed.

Some visitors, usually the elderly and handicapped, became full-timers after making "appropriate" donations to the Springer Foundation. Zzyzx residents soaked in mineral water and/or mud, basked in the sun, and pursued a diet that included rabbit meat (rabbits

were abundant in the area), fruit and ice cream. Twice a day, bombastic Springer sermons boomed over loudspeakers on the grounds.

In the late 1960s, officials learned that the fraud was marking building sites that he didn't own and allowing people who donated large sums of money to erect houses there.

By 1974, Springer was kicked off the premises. He died in Las Vegas at age 88 in 1985, his name and misdeeds probably still bringing a scowl to a few elderly faces.

Bibliography

Book:

Bishop, Greg, Joe Oesterle, and Mike Marinacci. Weird California: Your Travel Guide to California's Local Legends and Best Kept Secrets. New York: Sterling Publishing Company, Inc., 2006.

Internet:

Rasmussen, Cecilia. "Zzyzx: An Unlikely Home of Hucksterism and Miracle Cures." June 16, 2002. www.latimes.com.

Curtis Howe Springer, Zzyzx. en.wikipedia.org.

YouTube:

"The Snake Oil That Fueled a Community." KCET-TV, Los Angeles. August 1, 2019.



NEPTUNE SOCIETY



CREMATION LOW COST

SEND FOR A FREE BROCHURE

Name

Address

City

State/Zip

THE NEPTUNE SOCIETY

758 W. 19th St., Costa Mesa, CA 92627

(949) 646-7431

State Lic. FD-1305

Byron Laursen

Three-time best selling author
and award-winning editor

It took a lifetime of experience
to create your perspectives

Your story can endure,
to instruct and to entertain

see article
on page 26

Together we can make your stories sing,
and remain in the minds of readers

**Please visit www.byronlaursen.com
for contact info and details**

CLASSIFIED & PROFESSIONAL SERVICE DIRECTORY

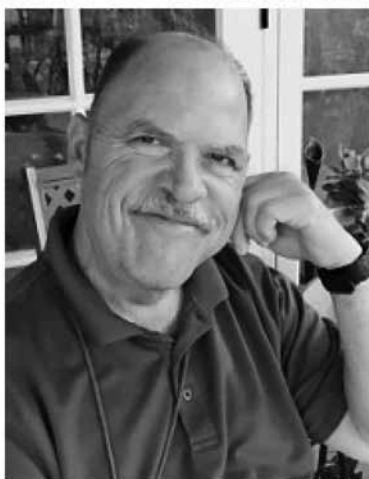
HOME & HEALTH CARE



**CLOUDS OF HOPE
CAREGIVING
SERVICES**
(310) 292-8592

Affordable rates with experienced and trustworthy caregivers! Available 24/7!
Call for quote! License #01594

WANTED - CAREGIVERS



Open your Home, Become a Mentor!
We are seeking loving families with a spare bedroom to mentor adults with intellectual and developmental disabilities. Receive up to \$2,462/month (tax exempt).
Call Johnny ☎ 714-971-0213 (ext. 200)
www.MentorsWanted.com

WILLS & TRUSTS

**Living
Trust**

**Only
\$599.00
Complete!**
**Call Greg
(949) 851-4969**



**Estate
Sales**

Glinda Davis
Certified Appraiser

714-943-1818

e-mail: glinda_davis@yahoo.com
Lic. #GDD0001
www.glindadadvisestatesales.com

**Local help with your
Medicare questions.**



Sherry Vandervoort
Licensed Sales Agent
562-795-6250, TTY 711

Cell: 949-702-9488

Email: sherryv.uhclwsb@gmail.com

Located in The Health Care Center, 1661 Golden Rain Rd.



Y0066_SPRJ55188_C

Your Ad Here

REAL ESTATE



**AULD CASTLE, INC.
REAL ESTATE**

Jeffrey A. Hill

Commercial & Residential Real Estate Broker
CA DRE Corp. Broker License 01916962

**Sales • Financing • Refinancing
FREE Consultations**

Senior Loan Officer

TR Financial Services, Inc.

DRE Lic. # 01441811 • NMLS 1514555

Direct & WhatsApp - **1-949-488-SOLD (7653)**

AuldCastleinc@gmail.com • www.AuldCastle.com



HUD approved broker • CA DRE Lic. # 00951972

Concierge Senior Care

"Sky is the Limit"

- Use me once or multiple times
- Licensed Physical Therapist
- Lots of References
- 23 Years of experience in Senior Rehab

If you are a Caregiver for a Family Member,
I can help with:

Exercising, Walking, Showers,
Checking In or Just Talking!

*I take pride in doing it all
in order to make your life easier!*

My medical expertise will help you navigate
all aspects of your senior life.

(714) 495-9343

PRIVATE HOME HEALTHCARE SERVICES



Services include:

- Assist with daily care
- Meal planning & preparation
- Shopping & errands
- Doctor appointments
- Medication management
- Pet care

Mary Duarte CNA

949 525-8860

Serving South Orange County

English Speaking • Certified • Insured

AUTOS

AUTOS WANTED ANY KIND OF CAR

*Cars/Motorcycles/Trucks
running or not*

- We are local, call anytime
- We pay Cash and remove promptly
- We do DMV and release of liability for you
- Bonded and Licensed Since 1985

Call us at

562-684-0901

*We can come out and
give you a quote*

CA Business
License 046854

Your Ad Here

REVERSE LOAN SPECIALIST

Karen Card

Senior Loan Officer

Reverse Loan Specialist

714.290.6940

kcard@apmortgage.com

Card-Team.com

The Card Team
First Class Lending since 1991



CLASSIFIED & PROFESSIONAL SERVICE DIRECTORY

PLUMBING

Cheaper Plumbing

Drains Cleared

as low as

\$39

All Plumbing Repairs

Senior Discount

714-215-1083

GARDENING / LANDSCAPING

- Cement Curbing • New Landscapes
- Golf Cart Pads • Drip Systems
- Synthetic Grass • Tree Trimming
- Haul Away for Resident

Anguiano Lawn Care

562-244-1113

Call for Free Estimates

State License #771542

GARDEN/ YARD CLEANUP

One Time Yard Cleanup

Trimming, Weeding,
Planting, Drought Tolerant,
Ground-Cover, Landscaping,
Design, Hauling

Small / Big Jobs Welcome

Free Friendly Estimates

GK:714-716-4491

949-344-4490

Visa/MC/DC/Amex • Lic. #918209

TREE TRIMMING

Professional Tree Trimming

Tree Removal

Crown Reduction & Tree Pruning

Powder Stump Grinding



Palms Skinned Trimmed & Removed

Ivy Topping & Removal

Lot & Hill Clean-ups for Fire Regulation

CORTEZ

Tree Trimming Service

Lowest Prices Guaranteed!

Free Estimates

(562) 233-1564

PEST CONTROL



Live Pest Free.

EXPERT ELIMINATION OF:
Ants • Fleas • Roaches • Spiders
Gophers • Wasps • Rats • Mice
Rodent Exclusion
Competitive Monthly Service Rates!

TERMITES:

Inspections • Escrow Reports
Yearly Control
Fumigation • Spot Control

Call Today for a Cheerful Quote!

(800) 842-3181

www.americancitypest.com
email: info@americancitypest.com

COMMERCIAL • RESIDENTIAL • INDUSTRIAL

ELECTRICAL

“ELECTRICAL”
Contractor 4 Repairs
Free Estimates!
Lic# C10-611399

Schedule an Appointment **(714) 639 - 1981**

INSTALL • REPAIR • TROUBLESHOOT

—24hour emergency service—

Dedicated Circuits - Breakers - Panels
Outlets - GFCI's - Switches - Lighting

PETS



Furrever Friends

Providing Compassionate
Cremation & Aftercare Services for your
Beloved Pet Since 2021

Offering No Cost Transportation &
Low-Cost Services to Senior Residents

Furreverfriends.com

(562) 269-0444

1324 W. 16th Street, Long Beach CA

Your Ad Here

ROOFING

M&M
ROOFING
LIC#737040

ROOFING & PROBLEM SOLVING
SHAKE, COMPOSITION,
TILE, TORCH DOWN,
REPAIRS, BUILT UP, RE-ROOFS

FREE ESTIMATES

949-581-5269

MISC.

WANTED/ I BUY

Lladros, Capodimontes,
Waterford, Laliques, etc.
High end merchandise
for resale

Nick

714-679-5153

949-566-4661

APPLIANCE REPAIR

ROCA APPLIANCE REPAIR

- Washer
- Dryer
- Refrigerator
- Stoves
- Ranges
- Cook Tops
- Dishwashers
- Plumbing



Also Air Conditioning and Heating

Call **Alejandro**

949-478-9053

Lic. # A48272

RESEARCH

VOLUNTEERS WITH PARKINSON'S NEEDED

Free Genetic Testing
at PRI Research

Multiple participating locations

Learn about this and other clinical trials:

888-774-4673

www.priresearch.com

*Insurance is not needed to participate in a clinical trial.

EARNHART
DOOR & GATE

- Automatic Gate Openers
- Wood-Metal-Vinyl
- Garage Doors & Openers
- Custom Side Gates, Swing Gates & Rolling Gates



Call Today **(714) 905-4907**

earnhartdoorandgate@gmail.com

CSLB Lic #1097173

Memoir Ghostwriter For Hire

Your Life Story / Your Legacy — It's Time!

Let me help you tell your life story, memoir or business story as a legacy. I can also publish it for your children, grandchildren or the business world. I'm a best selling ghostwriter and author having written more than 46 books.

CALL FOR A FREE CONSULTATION AND DETAILS:
949-244-7880

www.theghostwriter.net

There's Never Been a Better Time to Tell Your Life Story...

by Robert Bruce Woodcox

Whether you want to capture your life as a memoir, autobiography, or legacy book (coffee table style), most people need some help. I am a **Best Selling local author** and **ghostwriter** and I can help you get started. (See adjacent ad on this page.) **I've ghostwritten 46 books**, was a **Pulitzer Prize nominee** (2012) and have helped more than 30 individuals and families tell their stories for children, grandchildren, friends, and for business books.

I come to you.

My process includes interviews, recording, organizing your materials, research, writing original content from your memories and editing. I am also a publisher for my clients and can design and print from one to 1,000 quality full color books for you at very reasonable rates. All of this work is done locally in Newport Beach.

This wonderful process is quite fun and is confidential. It begins by you calling me

(949-244-7880) or emailing (ighostwrite@icloud.com) to explore how we will work together, what it will cost, how long it will take and any other questions you have. Once you decide you are comfortable with me and the process, we will create an outline together to get started. From that point on, we will meet approximately twice a month to share the previous work I've completed, and to obtain new content from you. It's really that simple. We continue in that manner until the completion of the writing and editing. Generally, the process takes 4 to 6 months.

These books can be for your own family or for public sale, whichever you choose. I can also set up an Amazon account for you in some cases where you can sell your books.

Everyone who comes to me says the same things: "I've been wanting to do this for a long time, but didn't know how to start. I'm not a writer and so time seems to just keep slipping away."

Continued on page 13



'Boogie Woogie Bugle Boy'

Bette Midler

By Randal C. Hill

The once-ubiquitous Andrews sisters – Patty, Maxine, and Laverne – premiered “Boogie Woogie Bugle Boy” in the 1941 Abbott and Costello comedy film “Buck Privates.” For the beloved Minnesota trio, that perky ditty became their 24th consecutive Decca Records winner.

Written by Don Ray and Huey Prince, “Boogie Woogie Bugle Boy” has always been associated with World War II, even though the song was recorded in January 1941 — nearly one year before the Pearl Harbor attack, and soon after the establishment of a peacetime military draft imposed by Franklin Roosevelt’s administration.

The original cheerful tune featured a storyline – good for laughs but an obvious fantasy – about a hip Chicago street musician/army draftee. Apparently, without his bandmates, the cat couldn’t do justice to blowing a buoyant rendition of “Reveille” when he was ordered to play it to announce the dawning. But his good-natured company leader (“The Cap”) saved the day by assembling a barracks-based band for the frustrated musician, who could then handily offer a spirited wake-up call for the snoozing soldiers.

In 1973, it would take a rising young star to bring the song to a contemporary audience.

Bette Midler, born in Honolulu in 1945, earned a bit part as an extra during the 1966 filming of James Michener’s novel “Hawaii.” Flushed with confidence, she moved to New York to try her luck in the entertainment world. She rose to Big Apple prominence in 1970 when she began singing in the Continental Baths, a Gotham gay bathhouse. There she built a loyal following, along the way growing close to her pianist, the then-unknown Barry Manilow. (Reflecting on her bathhouse times later, Midler professed, “I’m still proud of those days. I feel like I was at the forefront of the gay liberation movement, and I hope I did my part to help it move forward.”)

Manilow produced Bette’s future classic debut Atlantic Records offering, “The Divine Miss M,” which spent 76 weeks on “Billboard’s” album chart and featured the track that first brought her to national prominence. When Midler made “Boogie Woogie Bugle Boy” a summertime Top 10 single, a new generation of music fans came to embrace an iconic tune that had all but faded into the mists of history.

Most music historians credit the story’s inspiration to Chicago musician Clarence Zylman (who hailed from Muskegon, Mich.) for the “Boogie Woogie Bugle Boy” lyrics. Ironically,

Clarence had enlisted in the Army – he wasn’t drafted – on June 9, 1942, long after the snappy hit had come and gone. It is said that Zylman got his fellow soldiers jitterbugging to his unique style of “Reveille.” In 2018, he was honored with a statue erected at the Veteran’s Museum in Muskegon.

Recording hit songs new and old wasn’t the only pursuit for the versatile Midler. During her five-decade career, she earned a head-spinning three Grammy awards, three Emmy awards, two Tony awards, four Golden Globe awards, and a Kennedy Center honor, in addition to nominations for two Academy Awards.

Wow!

Bibliography

Book:

Warner, Jay. *The Da Capo Book of American Singing Groups: A History 1940 – 1990*. New York: Da Capo Press, 1992, (Andrew Sisters featured pp. 6 – 11)

Internet:

Andrew Sisters, Bette Midler, “Boogie Woogie Bugle Boy,” Clarence Zylman. *en.wikipedia.org*.

Corliss, Richard. “Populist: All-Time 11 Songs: ‘Boogie Woogie Bugle Boy’.” Oct. 21, 2011. *entertainment.time.com*.

Lofton, Justine. “Muskegon’s Boogie Woogie Bugle Boy Honored with Sculpture.” Nov. 11, 2018. *www.mlive.com*.

Magazine article:

Hill, Randal C. “The Clarence Zylman Claim to Fame.” July 2019. *Reminisce Extra Magazine*.

In The Spotlight

For the Love of Teaching Gerald C. Tilley Recalls His Profession

In the school year 2020–21, there were 3.0 million teachers in public schools, according to the National Center for Education Statistics. While some have retired, and gone from full-time to part-time, they say once a teacher always a teacher.

It's a profession that many love like Gerald Charles Tilley, of Laguna Woods who spent a good portion of his life teaching others.

"I have been a teacher for over 30 years and have published 22 books on theology and church history. I love teaching because I learn so much during preparation," he said.

Here's more about Tilley, a resident of SoCal since 1975 and who decided to share his journey with the "Senior Reporter" this month.

Senior Reporter: How did you choose your profession?

Gerald Tilley: While in my undergraduate years, I did some speaking and loved it. I trained to be a high school teacher (12 years), then became a youth minister (eight years), and then a college professor.

Q: Did you teach any place unique?

A: I taught for one year in China and seven summers in Ukraine, and one summer in Armenia.

Q: Where were you born and raised?

A: I was born in La Junta, Colo., and I was raised in Salem, Ore.

Q: When you look back on your career what was the highlight?

A: Teaching college here and overseas.

Q: What do you do now in your retirement years?

A: Some part-time teaching, writing books on world religions, theology, and church history.

Q: Secret to a happy life?

A: A career you love and a working relationship with God.

Q: Family?

A: First marriage: four kids, 13 grandchildren, six great-grandchildren; second marriage for 33 years to Nancy.

Q: Hobbies?

A: Reading, playing chess, writing, and gardening. I love my wife, kids, and my dog.

Q: Advice to those who may want to follow in your footsteps in terms of career?

A: Get your education completed early. I didn't complete my Ph.D. until age 70.

Q: Favorite things?

A: Public speaking, teaching, singing, and writing.

Q: Education?

A: Bachelor's and Master's in

Education, a second Master's in Biblical Studies, Ph.D. in Theology. Graduate degrees in social science education, biblical studies, and theology.

Q: Where did you teach in CA?

A: In California, I have taught for American Intercontinental University; Kaplan Intl, Bap-



tist Bible College, West; Cerritos College (15 years); and California Biblical University, where I am still an adjunct professor. I still teach occasionally.

Living with Macular Degeneration or other vision limiting condition?

dependence/availability of support groups
ab and aids will not restore vision, but maximize their ability to perform ADL
cannot damage eyes by using them, the may experience eye strain and fatigue is to be expected, but not detrimental
centric viewing concepts introduced/reinforced eye fatigue is expected, but not detrimental
ated regarding... vision and their function... for rehabilitation
d QoL... computer... writing, too... road... waiting tele...
ology... gain mail... on goals... match family... to the...
adv... write better... vision aids... see television... not al...
/limit... read faster... nification... to drive saf... lecto...
nce or prop... comput... eye fatigue is exp... see face... mental...
will remain... benign vision loss Char...
led and re... led regarding their emotional/psychological adjustment to vision loss: risk of depression/availability of support groups eye fatigue is expected, but not detrimental
nd aids will not restore vision, but maximize their ability to perform ADL the page s...
es: statute/DMV safety concerns dependency-transportation concerns showing...
Find out if special microscopic or telescopic glasses can help you see better. Even if you have been told nothing can be done you owe it to yourself to seek a second opinion.

Low Vision Glasses Starting at \$500

Offices Throughout Southern California

Richard J. Shuldiner, O.D.

Call today for a free phone consultation

Toll Free: 888-610-2020

www.LowVisionCare.com

July Crossword Puzzle

Across

- 1. Cabinet wood
- 4. "Do ___ others ..."
- 8. Fruity snack
- 14. Third letter
- 15. Golda of Israel
- 16. Nile's locale
- 17. Stored, as wine
- 19. Like winter skies, say
- 20. Annual award from a sports network
- 21. Not nude
- 23. Trashy pads
- 25. "Earth's Children" series author Jean
- 26. Secretly include in an email
- 29. Eli, to Archie Manning
- 30. Louise's film cohort
- 33. Sleek, informally
- 34. Wheat & barley
- 36. Took it easy
- 38. Looks upon
- 40. Irritates
- 41. Circumvented
- 42. Pub obligation
- 43. Cataract surgery implant
- 44. Riddle or puzzle
- 46. Campus in the Sooner State capital: Abbr.
- 49. Gilbert ___ Sullivan
- 50. In due time
- 51. Stage, as a play
- 53. They can't learn new tricks, it's said
- 56. Wall support
- 57. Panda food
- 60. Sleeveless undergarment
- 62. One lacking pigment
- 63. Scurried, poetically
- 64. Org. whose final telethon was in 2014
- 65. Standard car feature
- 66. Soeur's summers
- 67. Downcast

Down

- 1. Availability
- 2. Takes care of
- 3. Something offered in assistance
- 4. Thurman of filmdom
- 5. Uncool sort
- 6. Cake layer
- 7. Baptisms of fire
- 8. It may get you all worked up for no reason
- 9. "___ the Earth Move"
- 10. One with a degree
- 11. eBay try
- 12. Hardware franchise
- 13. Wasn't colorfast

- 18. Caustic cleaner
- 22. Arithmetic result
- 24. No longer fresh
- 26. 1970s fashion items (they're seen in 3-, 8- and 31-Down)
- 27. Saskatchewan native
- 28. Fish of the family Gadidae
- 31. Feature of a mysterious old house, maybe
- 32. Fanny Brice's double?
- 33. ___-Seltzer
- 35. Piston attachments
- 37. Available by the mug
- 38. Fleck with a banjo
- 39. Like two
- 40. Cleaning item
- 42. Actor Juliette ("Jet Lag")
- 45. Land of ___
- 47. "I ___ been a contender!"
- 48. Like zombies
- 50. Without equal
- 52. ___ Maine
- 53. Words abt. one departed
- 54. Walk or trot
- 55. Disney animated pirate
- 57. Disparaging word
- 58. Brewpub staple
- 59. Wharton degree
- 61. Wallet items

Tell Your Life Story...

Continued from page 10

Or...

"I've wanted my husband to tell his story for years. Our family and friends have also been after him, to no avail. You came along at just the right time to kick start this important project for us."

Sharing your life, your accomplishments, and life lessons for your children and/or your grandchildren is a priceless experience for you and your entire family.

Call me today for a free consultation: **949-244-7880** or email me at: **ighostwrite@icloud.com** and visit my website for testimonials, how the process works, my background and fees at: **www.theghostwriter.net**.

Robert Bruce Woodcox
949-244-7880
ighostwrite@icloud.com
3857 Birch St., 702
Newport Beach CA 92660

SAVE MONEY BY SHOPPING ST. VINCENT DE PAUL THRIFT STORES OR DONATE YOUR UNWANTED ITEMS

FREE Pickup 3571

Get 20% off your next purchase!

Present this coupon to the cashier upon check out. We cannot give cash back or credit for coupons not presented at purchase.*

We sell and accept clothing, furniture, appliances and cars to provide for those in need.*

Schedule a FREE Pickup (800) 974-3571

*Visit our website to learn about all items that qualify for pickup at www.svdpla.org

CYBER BULLYING

When online,
Be SMART. Have a HEART.

unicef

AL assistance league Huntington Beach

TRANSFORMING LIVES | STRENGTHENING COMMUNITY IN HUNTINGTON BEACH, FOUNTAIN VALLEY & WESTMINSTER

CLOTHING CHILDREN | SCHOLARSHIPS | TEACHER GRANTS | SUPPORTING SENIORS

Donate - Shop - Join TO MAKE A DIFFERENCE

CHECK OUT OUR THRIFT SHOP TUESDAY, WEDNESDAY & SATURDAY 11AM-3PM

8071 SLATER AVENUE, HUNTINGTON BEACH | 714.847.6511

EMAIL US: ALHBMEMBERSHIP@GMAIL.COM

LEARN MORE AT: WWW.ALHB.ORG

OC Grab Bars

Bathroom Safety Grab Bar Installation

"Prevent Slips & Falls"

- Free Phone Safety Consultation
- Supply & Install The Grab Bars
- Show You The Best Placement
- Over 17 Years Of Experience
- \$200 Per Grab Bar We Install

714-225-9215
Call For A Free Estimate
www.OCGrabBars.com

Alliance Eldercare

Board and Care • Assisted Living • In-Home Care

Derek Mannion

Toll Free: 866.936.4241
Mobile: 949.870.7816 • Fax: 949.625.6771
derek@allianceeldercare.com
www.AllianceEldercare.com

Branching Out...

Seeking a Safer Tomorrow

Help the Manatees, Adopt One Today!

savethemanatee.org

Photo © Wayne Hartley

July Book Club

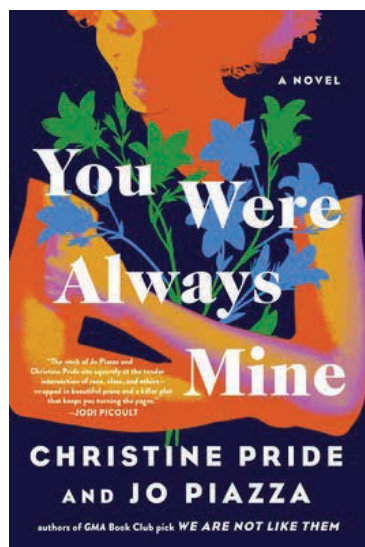


You Were Always Mine
A Novel
By Christine Pride and Jo Piazza

Whether you're sitting by the pool, rocking in a hammock, or enjoying the cool confines of your home, summertime is a great season to enjoy a good book.

From mysteries to fiction and non-fiction, whatever your pleasure is, be sure to take time out to read this summer.

Here are some new books to put on your list and enjoy!



"Cinnamon Haynes has fought hard for a life she never thought

was possible — a good man by her side, a steady job as a career counselor at a local community college, and a cozy house in a quaint little beach town. It may not look like much, but it's more than she ever dreamed of or what her difficult childhood promised. Her life's mantra is to be good, quiet, and grateful. Until something shifts and Cinnamon is suddenly haunted by a terrifying question: 'Is this all there is?'

"Daisy Dunlap has had her share of problems in her nineteen years on earth — she also has her big dreams for a life that's barely begun. Her hopes for her future are threatened when she gets unexpectedly pregnant. Desperate, broke, and alone, she hides this development from everyone close to her and then makes a drastic decision with devastating consequences.

"Daisy isn't the only one with something to hide. When Cinnamon finds an abandoned baby in a park and takes the blonde-haired, blue-eyed newborn into her home, the ripple effects of this decision risk exposing the truth about Cinnamon's past, which she's gone to great pains to portray as idyllic to everyone ... even herself.

"As Cinnamon struggles to contain old demons, navigate the fault lines that erupt in her marriage, and deal with the shocking judgments from friends and

strangers alike about why a woman like her has a baby like this, her one goal is to do right by the child she grows more attached to with each passing day. It's the same conviction that drives Daisy as she tries to outrun her heartache and reckon with her choices," according to Publisher Atria Books.

The Mythmakers
By Keziah Weir



"Sal Cannon's life is in shambles. Her relationship is crumbling, and her career in journalism hits a low point after it's revealed that her profile as a playwright is full of inaccuracies. She's close to rock bottom when she reads a short story by Martin Keller: a much older author she met at a literary event years ago. Much to her shock, the story is about her and the moment they met. When Sal learns the story is excerpted from his unpublished novel, she reaches out to the story's editor — only to learn that Martin is deceased. Desperate to leave her crumbling life behind and to read the manuscript from

which the story was excerpted, Sal decides to find Martin's widow, Moira.

"Moira has made it clear that she doesn't want to be contacted. But soon Sal is on a bus to Upstate New York, where she slowly but surely inserts herself into Moira's life. Or is it the other way around? As Sal sifts through Martin's papers and learns more about Moira, the question of muse and artist arises — again and again. Even more so when Martin's daughter's story emerges. Who owns a story? And who is the one left to tell it?

"*The Mythmakers* is a nesting doll of a book that grapples with perspective and memory, as well as the battles between creative ambition and love. It's a story about the trials and tribulations of finding out who you are, at any stage in your life, and how inspiration might find you in the strangest of places," according to Publisher S&S/Marysue Rucci Books.

A Right Worthy Woman
A Novel

By Ruth P. Watson

"In the vein of *'The Engineer's Wife'* and *'Carolina Built,'* an inspiring novel based on the remarkable true story of Virginia's Black Wall Street and the indomitable Maggie Lena Walker, the daughter of a formerly enslaved woman who

Continued on page 25

FREE 2023 Awareness Program

Presented by: **MACULAR DEGENERATION ASSOCIATION**

Matters of Vision! 2023
Saturday, July 22, 2023
8:30 am to 11:30 am
Speaker: Jeffry Gerson, OD, FAAO

Did you know that 11 million people have some form of macular degeneration in the United States? Want to know how to save your vision? Sign up for our free program today.

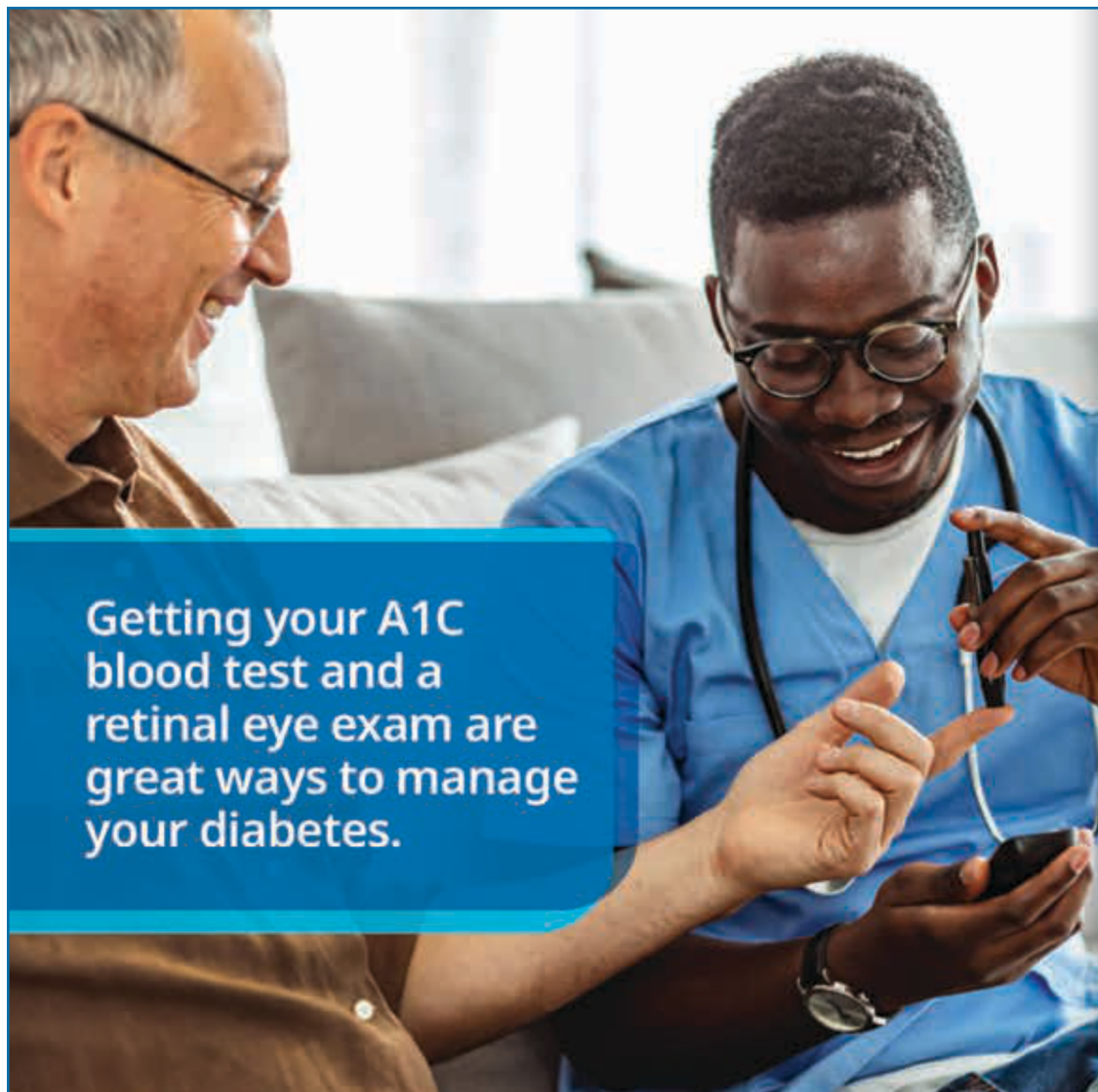
To Register, Call (855) 962-2852

Location:
The Hills Hotel
25205 La Paz Road
Laguna Hills, CA 92653

➤Reservations Required
➤Seating is Limited
➤Breakfast Included

Thank you to our sponsors:

IVERIC bio **MacuHealth** **NOTAL VISION**
REGENERON **ALEXION** **Apellis**



Getting your A1C blood test and a retinal eye exam are great ways to manage your diabetes.

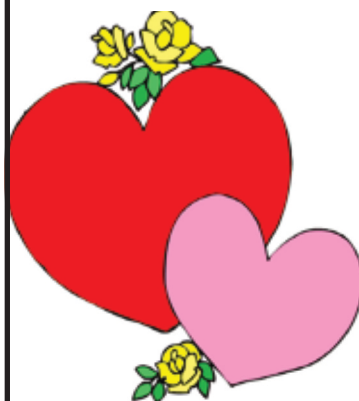
Take a Step in Managing Your Diabetes!

Finding out early can protect your health. Don't wait — call your doctor today.



CalOptima Health, A Public Agency

With A Heart for Seniors



Age-related vision loss?



Free Classes & Services
(at home or in person)



Call today!

Anaheim
(714) 821-5000

Laguna Hills
(949) 330-5062
BrailleInstitute.org



When It Might Be Time to Consider Assisted Living



We help seniors live their best life, wherever "home" is.

The search for the best care options can be overwhelming. We support seniors and families to find the "right fit" solution in assisted living. **Oasis is here to help every step of the way.**

Steve Wanamaker
Oasis Senior Advisors
(949) 535-1599

SWanamaker@YourOasisAdvisor.com

OasisSeniorAdvisors.com/Coastal-OC



A Tribute to Tina: The Queen of Rock 'n Roll

By Les Goldberg

*"...Left a good job in the city
Working for the man every
night and day
And I never lost one minute of
sleeping
Worrying 'bout the way that
things might have been*

*Big wheel keep on turning
Proud Mary keep on burning
And we're rolling, rolling
Rolling yeah
Rolling
Rolling on the river
Rolling on the river ..."*

As the news sinks in about the recent death of Tina Turner, it is only natural that our thoughts turn to her most iconic performance.

The song originally performed by the Creedence Clearwater Revival with lead singer and songwriter John Fogarty would



propel Turner's career into blockbuster stardom and crown her the undisputed "Queen of Rock 'n Roll" by her fans worldwide, the media and the music industry.

And it saved her life.

It was 1968 and she was due to go on stage for a concert when her backstage aides noticed something was very wrong

with her. She was rushed to the hospital where it was determined that Turner tried to take her own life.

In her book, *"Happiness Becomes You,"* she wrote:

"At first, I was disappointed when I woke up and realized I was still alive. I thought death was my only chance at escape. But it was not in my nature to stay down for long."



Shortly after, she recorded her own rendition with her infamously abusive husband, Ike, and instantly became a nationally recognized singing sensation.



The couple had yet to make a big impression on America at large — until *"Proud Mary"* busted down that door in 1971. After the single's enormous success (it rose to No. 4 on *"Billboard's"* pop chart, sold more than 1 million copies, and earned Turner the first of her 12 Grammy Awards), it also planted the seeds of her liberation as an artist and a woman.

Today, 52 years later, *"Proud Mary,"* remains a staple of popular culture. In recent years, performances of Turner's version have appeared on *"The Voice"* and *"The Masked Singer,"* and in 2005 Beyoncé sang it in Washington, D.C., when Turner was recognized at the prestigious Kennedy Center Honors.

Besides the physical beatings she endured, she had to put up with Ike's dismissal of her creative ideas for her music. However, when she heard CCR's *"Proud Mary"* on the radio in early 1969, she knew she had to record it. Ike disliked the song and refused. Turner put her foot down anyway. As she says in her 2020 book *"That's My Life,"* "Whatever happens to me when it's time to get some-

thing done, I do it." The result was the career breakthrough she and Ike had long been fighting for.

Some artists get resentful about how others render their songs, but Fogerty loved Turner's cover. The CCR frontman was thrilled when he first heard her blistering version, as he recounted to *"American Songwriter"* magazine. And in Turner's *"That's My Life,"* he's quoted as saying, "Thank you, beautiful Tina, for shooting my song into the stratosphere."



Turner's rise to fame is even more remarkable considering her early life. Born to a share-cropping family in the segregated South, Anna Mae Bullock and her elder sister were abandoned by their sparing parents early on.

After her grandmother's death, she eventually moved to St. Louis to reunite with her mother. This opened up a whole new world of R&B nightclubs to the precocious 16-year-old.

Continued on page 22



OUR CARE PROMISES...

Compassion.
Love.
Optimism.
Understanding.
Dedication.
Support.

**Affordable rates with
experienced and
trustworthy caregivers.**

Call now for quote!

Available 24/7

(310)292-8592

License # 101594

We offer:

- Live in / Hourly Rates
- Meal Preparation
- Light House Keeping
- Companionship
- Bathing /Grooming



Off The Beaten Path

Spending time this summer with the grandkids? If you don't want to hear the usual mantra, "We're bored," here are a handful of things you can do with your grandkids that should be fun for everyone!



Many of these suggestions are budget-friendly and do not involve any equipment or take a lot of planning or effort on your part so keep in mind that it's not the money you spend on them that's important, it's that you are spending time with them that matters.

Go to the Beach

It may seem like a lot of trouble but not if you keep it simple. A beach towel, a few beach toys, and lots of sunscreen are all you need. You can also bring folding chairs and a sun umbrella as well. Bring lunch or snacks along with a few cold drinks. These can easily fit inside a couple of cloth bags with an ice pack if you don't have a cooler. If you have a car, leave the cooler and valuables in the car. This way, you'll have no problem leaving stuff on the beach while you play with the grandkids in the water. Keep in mind that even if there are lifeguards, you need to stay very close to your kids. The younger they are, the closer you are! Sunscreen is very important. Buy the highest UV protection you can and don't be afraid to

pay a few dollars more for the good stuff and remember to get the sand out of the bathing suits before you start going home.

Bowling

Most bowling alleys have lanes with "bumpers" that block the gutters, so the kids are almost guaranteed to hit some pins. It's also a great place to be on a really hot day because bowlers hate to sweat so you know the air conditioning will be just right.

Explore Your City

A lot of people grow up in a city and never take in the sights so why not take the grandkids and explore? Most downtowns have a lot of old stores with a lot of unique things in them and some may even have some history to them. Explore different parks or check online for festivals and events. Become a tourist in your town by taking a tour bus. You may just discover things about your home town that you never knew.

Fishing

Old fishing rods, hooks, and

Continued on page 26



We \$ell AND Haul it.com

We will **MOVE** or **GET RID OF** your **UNWANTED ITEMS!!!**

We sell your items before you move and then haul away whatever you don't want, or, we can just come haul it all away!

- Sales
- Clean Out
- Home, Garage, Storage, Backyard
- Hauling and Disposal
- Transportation
- Delivery Services

949-836-7948 Call or Text
driz22@yahoo.com
WeSellAndHaulit.com

Special rates for Senior Reporter readers!

EARN MORE!

WAIVE MEMBERSHIP FEE WITH THIS AD!

18 or 30 MONTH TERM

4.50 % APY*

OPEN YOUR SHARE CERTIFICATE

New Money Required. \$2,000 Minimum.

CALL (949) 588-9400 OR VISIT ONE OF OUR LOCATIONS:

ANAHEIM

2310-A E LINCOLN AVE

GARDEN GROVE

12934 HARBOR BLVD

LAKE FOREST

24336 ROCKFIELD BLVD

EAGLE COMMUNITY CREDIT UNION
 www.eaglecu.org

*APY = Annual Percentage Yield. New money only. Penalty for early withdrawal and fees or other conditions could reduce earnings on the account. If you make a withdrawal from your certificate before the maturity date, a penalty will be charged on the amount of the withdrawal based on the original term of the certificate. These penalties are as outlined. Up to 12 months: 90 days of dividends. 13+ months: 180 days of dividends. Please see Eagle Community Credit Union's Disclosure and Agreement of Terms and Conditions and Service Pricing Schedule for complete details and fee disclosure. Rates Subject to change without notice.

NCUA

On The Road Again ...

How ‘Sin City’ Got Its Name

By Shana McCann

If you are planning a trip to Las Vegas and want to explore the city beyond the casinos, The Strip, and the megastar live show entertainment, I have just the place – The Mob Museum.

That’s right! One of the most unique museums in America sits just a stone’s throw from the downtown Fremont Street Experience, providing a startling peak into the infamous – and notorious – history of the city.

Here is where you’ll learn how the gangsters of Chicago, New York, and other eastern cities found easy pickings in their



quest to conduct gambling, prostitution, bootlegging, corruption, and other illegal activities without fear of reprisal.

Yes, there is a reason why Las Vegas is called “Sin City.” But before I describe the museum, let me offer a brief background of how the “mobsters of the East” infiltrated the desert city. In the early 1940s, Bugsy Sie-

gel arrived in Las Vegas, believing the city, located just a few hours drive from Los Angeles in southern Nevada where gambling was legal and laws less restrictive, was ripe for the mob and organized crime.



With the financial backing of Siegel and his East Coast gangster friends, including Meyer Lansky, the mob took over horse race betting, gambling, and investments in casinos, including the city’s first – The Flamingo – then the Thunderbird, Desert Inn, Dunes, El Cortez and what became The Strip of casinos on Las Vegas Boulevard.



The reign of illegal activity lasted for almost three decades until billionaire Howard Hughes went on a buying spree of several mob-connected hotels and casinos. It resulted in a new era of corporate conglomerates and limited the mob’s ability to invest in the city’s future as an entertainment mecca.



The idea for the Mob Museum did not emerge until 2002 when then Las Vegas Mayor Oscar Goodman, himself a former Mob defense attorney, proposed to turn a former post office and federal courthouse into a cultural landmark.

Opened in February 2012, the anniversary of the Saint Valentine’s Day Massacre, the museum offers a wide array of themed sections depicting the Mob’s illegal activities. For instance, you can expect to see:



- The actual brick wall where the massacre took place.
- Graphic photos showing famous Mafia murderers in the “Mob’s Greatest Hits” exhibit.
- The first-floor museum gift shop where you’ll find a complete history of organized crime, a replica electric chair, tapes of actual wiretaps, and experience a real interactive crime lab.
- A fully operational distillery

in the basement where the museum makes its own 100 percent corn moonshine in a custom-built pot still.

- A realistic basement Speakeasy with a clandestine cocktail lounge where visitors can imbibe before and after their tours.

What I enjoyed most about the museum was how the information is presented. All three floors have exhibited an expertly crafted blend of imagery, audio, video, physical artifacts, interactive screens, and written placards.



It was like stumbling into a new movie set every time you turned the corner. One of the most interesting is the courtroom where the Kefauver Hearings took place. It is perfectly restored to its 1950s grandeur. You could sit on the wooden benches and watch videos from the hearings that exposed organized crime in the U.S.

Tickets to the non-profit Mob Museum start at \$32.50 for the basic tour. Take it from me, it is well worth the time and money – especially if you are seeking an escape from the “Sin City” glitter, glamor, and gambling.



More than 5,100 residents met their best friends at Brookdale. As a resident, you can wake up each morning to new opportunities designed to keep you socially active. You’ll meet people who are in the things you’re into — and you’ll discover that those people often become your closest friends.

Source: 2018 Resident Programs survey

Brookdale Valley View
Assisted Living

5900 Chapman Avenue
Garden Grove, CA 92845
RCFE # 306001000

► For more information, call today.
(714) 898-3524

brookdale.com



The Gadget Geezer

By Les Goldberg

How to Choose Your Smartphone

It's a fact: today's seniors are more tech-savvy than ever before. If you are in your 50s or older, a majority of you have been exposed to, had limited use of, or could be considered bona fide experts at collaborating with most consumer electronics, like personal computers, laptops, and, of course, smartphones.

For most of us in the greying category, we have become an integral part of the overall cellphone market. However, the type of phone you buy depends not only on your savviness but on your needs.

If you need a phone for calling, texting, family photos, doctor appointments, and medication schedules, you should opt for a device with just the most basic features. On the other hand, you might be willing to pay more for a "fully loaded" phone to allow for your specialized applications (apps), global-positioning satellite capabilities (GPS), online banking, emergency signaling, reminders and alarms, restaurant reviews, and the latest 5G connectivity.

Once you've decided why you want to upgrade or buy a new phone, you will also want to consider the physical features of the device:

Is the display bright enough? Can you zoom into the text to make it easier to read? Does it allow you to increase the font size?

Are the buttons easy to reach and click? Are the speakers loud enough? Can you hear a call easily?

Does the phone have a virtual assistant, such as Siri or OK, Google? This is especially important if you have dexterity or vision challenges.

What about the camera and battery life?

Most modern smartphones have high-quality cameras. They are so good that I rarely use my traditional stand-alone "point and shoot" digital camera that I am thinking about burying in a time capsule.

A smartphone should also offer a battery life of at least 12 hours minimum. Unfortunately, battery life decreases with time and repeated charging over its lifetime.

Finally, a really smart smartphone also incorporates high-end security features, like thumbprint readers, passcodes, and facial recognition technology. Especially designed for seniors are phones with built-in emergency calling via a designated 9-1-1 button and no password or fingerprint requirement.

Of the boatload of smartphones on the market today, here are my best recommendations:

The Lively Jitterbug Smart3



This is Lively's simplest smartphone yet. Its features include an easy-to-navigate menu, voice typing, video chat, an urgent response button, hearing aid compatibility, powerful speakers, and a quality camera.

Cost: \$149.99 with a \$19.99 unlimited talk and text plan. There are no long-term contracts or cancellation fees.

Apple iPhone 13 mini



Apple boasts that its iPhone 13 mini has the "most advanced dual-camera system ever on the iPhone." Incorporated in its durable design, features include the fast A15 Bionic chip, extra-long battery life (up to 17 hours), a brighter Super Retina XDR display, and 5G Ultra-Wideband internet connectivity for a greater range of use. It also allows video streaming

for up to 13 hours. Cost: \$16.66/mo. for 36 months with zero percent interest (APR).

Galaxy A23 5G



What makes the Samsung Galaxy A23 5G stand out from the smartphone crowd are its Quad Camera System with a 50-megapixel

Continued on page 22

CASH FOR GOLD & SILVER

Highest Payout
Guaranteed!

- **Commitment to Education & Transparency**
- **Perfect 5-Star Online Rating**
- **Excellent Customer Experience**
- **Mobile Service Available**
- **Private one-on-one with APRIL (owner)**

22 Years Same Location

23011 Moulton Pkwy, Suite A-16
Laguna Hills

949-461-9191

Corner of Moulton Pkwy & Lake Forest
(in the Laguna Hills Business Park)

www.GlitterbugGold.com

WILLIAMS

yelp

Mon - Fri (10 to 5)

Fabulous Finds

By Debbie L. Sklar

Summer can be hard on your skin, your hair, and your body in general. From swimming in chlorinated waters to being exposed to the sun's harsh rays, you need to take care of yourself.

Here are some terrific **Fab Finds** from intimate pads for bladder weakness to a way to reduce dark spots, these new products can help you get through the summer season.

Sensitive Care Pads

TENA incontinence and skin care products, launched **Sensitive Care Pads**, bladder weakness pads enriched with its gentle SkinComfort Formula to help protect intimate skin.



Seventy-seven percent of women with bladder weakness claim to experience skin irritation and discomfort while wearing incontinence protection. That's why TENA is addressing intimate skin health with its SkinComfort Formula which incorporates TENA's skin-friendly layer in combination with soft and 100% breathable materials, to help protect intimate skin.

TENA Sensitive Care Pads deliver the same triple protection from leaks, odor, and moisture and are dermatologically approved by the Skin Health Alliance. With cushiony foam side barriers, a Duolock core, and a secure comfortable fit, TENA Sensitive Care Pads offer the ultimate protection for women with incontinence.

Leakage or overnight protection for worry-free nights – all TENA products can be found online at your local mass retailer, grocery, or drug store, or at Tena.us.

Reduce Dark Spots



Hyperpigmentation, sun spots, sun damage, and discoloration were some of the highest growing skincare concerns in 20221, all consequences of premature skin aging. To visibly reduce dark spots and repair the skin barrier, La Roche-Posay introduces the newest addition to its anti-aging serum profile **Niacinamide 10 Serum**.

La Roche-Posay skincare solutions are dermatologist-tested and backed by powerful anti-aging ingredients to restore and rebalance skin. Formulated

with a high concentration of 10% pure niacinamide, Niacinamide 10 Serum is the first mass-market niacinamide serum that is clinically proven to help reduce dark spots, clarify discolorations, and rebalance the appearance of uneven skin tone. Up to 90% of visibly premature skin aging is caused by the sun, known as photoaging, and Niacinamide 10 Serum directly repairs signs of photodamage, targeting hyperpigmentation.

UVA and UVB light can stimulate an overproduction of free radicals, which can trigger visible skin effects including dark spots and discoloration. Niacinamide 10 Serum inhibits this melanin from rising to the skin's surface, therefore helping to reduce dark spots. The new Niacinamide 10 Serum has a suggested retail price of \$39.99 (30ml) and can be purchased at CVS, ULTA, Target, Walgreens/Duane Reade, and online at laroche-posay.us, Amazon, Dermstore, LovelySkin, SkinStore.

Bolden F-Hydra Moisturizer



Formulated with Vitamin F,

Bolden's F-Hydra Moisturizer boasts a powerful combination of Omega 3 and Omega 6 essential fatty acids which are clinically superior at locking in hydration while improving the appearance of hyperpigmentation. The antioxidant-rich formula is rounded out with ceramides, peptides, glutathione, and ferulic acid, all of which work synergistically to strengthen the skin barrier and aid in environmental stress recovery. The F-Hydra Moisturizer launches on boldenusa.com and amazon.com; 1.7 fl. oz./50 ml, \$24.50.

TULA Skincare



Skincare brand TULA has released a limited-edition summer radiance kit designed to meet your summer skin needs complete with an exclusive skincare pouch. This kit includes six of TULA's best-sellers to make up a summer skincare routine that helps to cleanse, brighten, protect, and enhance the skin's natural radiance. Every product is packed with good-for-you ingredients like prebiotics and probiotic extracts that help to nourish and maintain skin balance.

CAREGIVERS
RIGHT TO YOUR FRONT DOOR

SERVING
LA AND ORANGE COUNTIES
FOR 20+ YEARS

**IT TAKES A VILLAGE
SENIOR CARE**

(805) 698-2852
www.ItTakesAVillageSeniorCare.com

Voted Seal Beach Chamber of Commerce
Business Person of the Year 2022-2023

WE'RE
REINVENTING
HOME CARE
FIND OUT HOW

Continued on page 22

Tinseltown Talks

By Nick Thomas

Donny Osmond's Summer Tour

Fans of Donny Osmond won't have to travel to Las Vegas to experience the singer's long-running popular stage show currently headlining at Harrah's Casino. The 70s teen idol begins his summer tour in July, his first in almost seven years (see www.donny.com for cities and dates).



Photo courtesy Denise Truscello.

"I'm taking it across the country for people who can't get to Las Vegas," said Osmond from Las Vegas. "I'm bringing the entire company – singers, dancers, musicians, and full video production. I'm really looking forward to it because I was born on the road!"

While longtime fans remember Osmond as part of the Osmond family singers, not to mention the "Donny & Marie" variety show from the 70s, the "Donny & Marie" daytime talk show in the late 90s, and a string of musical theater roles on Broadway, Osmond has continued to reinvent himself

to keep up with changing times.

He hosted a TV game show ("Pyramid") in the early 2000s, was a runner-up in the first season of Fox's "The Masked Singer" in 2019, and won season 9 of ABC's "Dancing with the Stars" a decade earlier.

"That was probably the hardest thing I've ever done in my life," he said. "And to win the trophy was probably one of my favorite accolades."



Photo courtesy Denise Truscello.

For the Utah native, those accolades began at age five when he joined four of his brothers in 1963 on "The Andy Williams Show" singing his debut song "Yes Sir, That's My Baby" on Williams's lap. Later in the program, he belted out his first solo performance on television, "You Are My Sunshine."

"I remember doing the show



Photo courtesy Denise Truscello.

and have a lot of respect for that man because he gave me my start," recalled Osmond. "In fact, I do a duo with Andy Williams singing 'Moon River' on the big screen behind me in the show. It's become a very emotional part of the evening and people tell me quite a tearjerker. It's included in my rap song that looks back on my career."

Wait, the kid who tore up the pop charts in the early 70s with hit singles such as "Go Away Little Girl," "Puppy Love," and "Too Young," not to mention recording 65 albums over his career, does rap?

"I sure do," said Osmond laughing. "It's become one of the most popular parts of my show where I do a 10-minute rap in front of a big screen video projection outlining my six-decade career."

Like many entertainers, Osmond's career had its low

points, and these are not excluded from his biographical rap review. "I did one Broadway show that opened and closed on the same day!"

Another favorite Osmond song for younger fans is "I'll Make a Man Out of You" from Disney's 1998 film "Mulan." While appearing in a Chicago stage production of "Joseph and the Amazing Technicolor Dreamcoat," Disney spotted Osmond and asked to join the vocal cast for their new animated feature.

"We turn the whole theater into a 'Milan' moment with a 6-minute full production number including a stick fighting dance on stage and my character, Captain Shang, on the big screen behind me," said Osmond. "I had no idea the song would become a Disney classic."



Photo courtesy Denise Truscello.

Currently, the YouTube video of the song has over 160 million views and may still be a hit with the grandkids.

Of course, not everyone is a Donny Osmond fan, and the 65-year-old singer often chuckles when he looks out into the audience during a show.

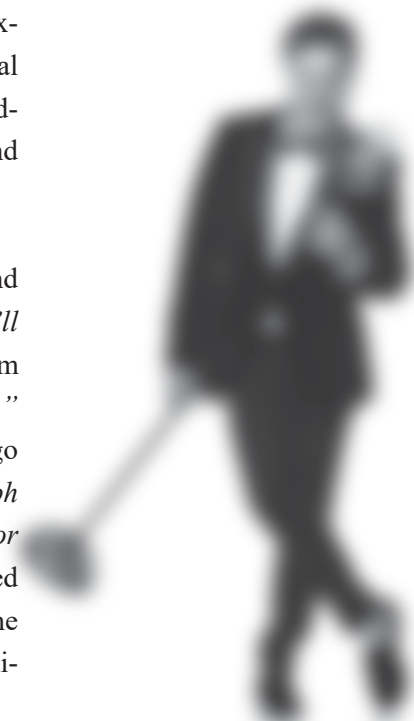


Photo courtesy Lee Cherry.

"Recently, there was a bearded guy in the front row who looked like one of those Grateful Dead Deadheads and by his attitude, I could tell his wife had dragged him to the concert!" laughed Osmond. "But at the end of the show, he was the first on his feet to give me a standing ovation. So, it's very satisfying to win over people like that. I'm sure audiences on the summer tour will not only enjoy the music but learn about what I've accomplished over my six-decade career."

Nick Thomas teaches at Auburn University in Montgomery, Ala, and has written features, columns, and interviews for numerous magazines and newspapers. See www.getnickt.org.



SUPER SENIOR SATURDAY

Resource Fair



• Exhibits • Health Screenings • Giveaways

SAT. AUGUST 12, 2023

9:00 am - 1:00 pm

Buena Park Senior Activity Center

8150 Knott Ave. • Buena Park, CA 90620

Tel: (714) 236-3870

for Detailed Information

www.buenapark.com/seniors

The City of Buena Park's Community Services Department is excited for you to join us at one of the best FREE events for Boomers and Senior in Orange County. This amazing event will be full of useful information, resources for healthy aging, education, and so much more. This yearly favorite takes place on Saturday, August 12 and is FREE to the public. There will be entertainment, ample parking, and great information for people looking for resources for themselves or for their loved ones.

Our vendors are excited to participate once again and thrilled to provide FREE

health screenings; including stroke screenings, glucose testing, blood pressure check, and so much more! Many of the exhibitors will provide free samples, discounts and opportunities to win great prizes.

Come for yourself or to gather precious resources for your loved ones, all ages are welcome. It is never too early to start planning for the golden years. This event will be taking place at the Buena Park Senior Activity Center located at 8150 Knott Avenue in the Ehlers Event Center. For more information, please call (714) 236-3870.

The Gadget Geezer

Continued from page 19

main camera and 8 MP front camera and its 44-hour talk time.

Also notable are its 6.6-inch LCD, super-fast charging at 25 watts, advanced portrait mode, expandable memory of up to one terabyte (sold separately), and fingerprint sensor. Cost: Starting at \$13/mo. for 24 months and no down payment is required.

Moto G Pure



Motorola's popular Moto G Pure smartphone falls into the "it does everything you need most of the time" category. If you want to watch movies and shows, visit websites, or play games, this device does well with its 6.5-inch Max Vision HD display.

For taking photos and videos, the phone's camera features automatic depth sensing and fast focusing. Other key features include two-day battery life, 3 gigabytes of memory, 32 gigabytes of storage, a fingerprint sensor, and easy access to Google apps using the Android operating system. Cost: \$109 retail or \$19/mo. for six months.

Tina Turner

Continued from page 16

Called up to sing onstage with Ike Turner's Kings of Rhythm in 1956, she displayed a natural talent for performing which Ike was willing to develop. Soon, her aspirations of becoming a nurse were forgotten. When the band recorded the first song "A Fool in Love" with her as the lead singer, and it became a hit, Ike changed her name to Tina Turner.

who introduced her to the rock market she so wanted to pursue.

If you want to learn more about Tina Turner, listen closely to the lyrics of her other major chart-topping hit, "What's Love Got to Do with It?" I guarantee you will be humming that tune along with the words from "Proud Mary" whenever you see or hear the many past Tina Turner performances.

Fabulous Finds

Continued from page 20

The kit includes: The Cult Classic Purifying Face Cleanser, Protect + Glow Daily Sunscreen Gel Broad Spectrum SPF 30, So Polished Exfoliating Sugar Scrub, and Rose Glow + Get It Cooling & Brightening Eye Balm. The TULA x Steffi Lynn Summer Radiance Kit retails for \$92 and is available exclusively on tula.com.

BE A HERO,
SAVE WATER



Only 1% of the world's water is drinkable. Take the stand and protect a necessity for survival.

JOIN THE FIGHT AND PROTECT TOMORROW



“EVERY MORNING MY HUMAN ASSES HIS FACE FURIES FUN LIKE THAT.”

—TUCK
adopted 05-04-11

A PERSON IS THE BEST THING TO HAPPEN TO A SHELTER PET

adopt
theshelterpetproject.org

Ad Council THE ANIMATED STORY 3

susan g.
komen
FOR THE cure

Busy Boomers

By Les Goldberg

RV Lifestyle Alive and Well

On a recent road trip to a popular campground in the Cleveland National Forest, I found the Middletons, Josh, 64, and Marlene, 62, of Garden Grove relaxing outside their 5th-wheel camper trailer. The couple told me they were enjoying their retirement years “in the peaceful and friendly surroundings of the California countryside” – without city traffic, high rents, mortgages, and the high cost of living.

The Middletons are not alone. More Boomers are opting for the simplicity and camaraderie offered by the RV lifestyle. A recent study by the Recreational Vehicle Industry Association showed that RVing is a major boost to the U.S. economy to the tune of \$114 billion – and is expected to grow in the years ahead.



In addition to RV manufacturing, sales and distribution, the accessory business, and attendance of national campgrounds, the industry has contributed nearly 600,000 jobs resulting in more than \$32 billion in wages.

Interestingly, the study revealed that the camping community, for decades comprised of people over 55, is now attracting



campers from the GenZ and Millennial generations. Camping is also becoming more diversified with people of color.

Additionally, people are exploring camping as a way of life compared to just a weekend getaway. Since the onset of the pandemic, more folks favor full-time RVing because of the flexibility of working remotely and in an isolated environment. Stepping into the RV lifestyle – and an RV itself – requires some careful consideration and planning, however. It can be a daunting task if you act too quickly, especially for seniors. So, here are some helpful hints from the RVIA:

Rent First

If you’ve never RVed before, it can be hard to know what type of RV is right for you. It’s best to compare the various models, ideally by visiting a dealership or browsing RV internet sites. You can choose from the larger travel trailers that are up to 35 feet long, the smaller expandable trailers and pop-up campers, to truck campers and Class A or B motorhomes that sleep up to eight people.

The advantages of renting range from avoiding buyer’s remorse to deciding which size RV suits your needs and abilities to manage the maintenance. Numerous platforms exist for RV rentals like Outdoorsy, RVshare, and RVerzy where you can rent for a few days or weeks and get the hang of RV living.

Take Advantage of Senior Discounts



In addition to the many typical discounts at restaurants, pharmacies, and stores, you can save on parks and campgrounds as well. For example, an AARP membership will get you a 10 percent discount at participating campgrounds. And if you are over 62, \$80 you can get a lifetime America The Beautiful Pass to more than 2,000 sites managed by the National Park Service.

Handrails are Available

RVs are usually high off the ground. So, to make getting in and out of your RV easier and safer, you can install a handrail. Many are standard on the vehicles, but if not, you can find them online.

Driving and Maintenance

Finally, after you’ve decided

to rent or buy an RV, whether a big, long motorhome or a small pop-up camper to be towed by your car or truck, the question becomes: How am I going to drive it? and how are we going to keep it on the road?

Operating an RV for the first time can be easier when you prepare properly. RVs don’t drive like cars or minivans – they accelerate and brake slower, and the blind spots are much larger. That is why it’s important to do everything you can about your vehicle – its height, length, width, typical mileage, mirrors, blind spots, and exterior and interior features.

If you’ve never driven a large vehicle, check with your local driving schools for classes. Also, if you are not mechanically inclined, your best bet is to take your RV to a professional mechanic for a complete checkup, including tires, fluids, propane, doors and hatches, mirrors, driver seat adjustment, windshield wipers, etc.



Entering the exciting and growing world of RVing, camping and life on the road requires good planning, good health, and a strong sense of adventure. It’s also a good idea to take the advice of the Middletons:



“Don’t be afraid to take it slow. When you’re on the road, it can be tempting to see as many places in as little time as possible. There’s so much to see. But this pace can quickly get exhausting, especially for seniors like us. It’s better to take your time. Spend a few days or weeks in one area. You will enjoy it more and have more fun. And isn’t that the point of it all?”

**Advertise in
The Senior
Reporter's
CLASSIFIED &
PROFESSIONAL
SERVICE
DIRECTORY**

**Only
\$37.50,
mo with a 6-mo.
commitment**

seniorreporter
ofoc@aol.com
or call
Bill Thomas at
(714) 458-5703

SOMETIMES MY HUMAN DOESN'T WEAR PANTS AT HOME. IT'S A RIOT.

-COLBY adopted 06-18-11

A PERSON IS THE BEST THING TO HAPPEN TO A SHELTER PET

adopt

theshelterpetproject.org

SHELTER PET & GLOBALLY RECOGNIZED PIANIST

Amazing stories start in shelters and rescues. Adopt today to start yours.

KEYBOARD CAT 8M+ YouTube Views

Ad Council

THE HUMANE SOCIETY OF THE UNITED STATES

Maddie's Fund

Start A Story. Adopt theshelterpetproject.org

UC Irvine Willied Body Program


Whole Body Donations For Medical Science

For information on donating your body to medical education and research, call: 949-824-6061

or visit:

<https://medschool.uci.edu/community/willed-body-program>

No cost to donor or family. Final cremation and scattering at sea included.

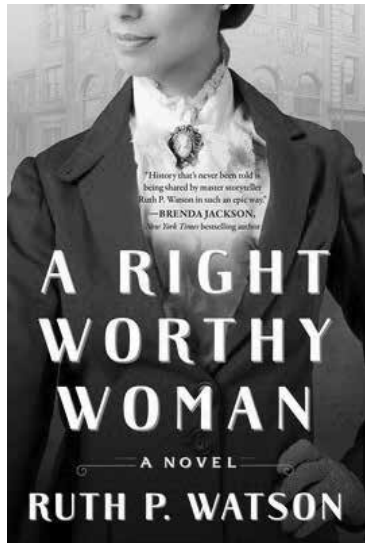


Crossword Puzzle Answers from page 12

1	A	S	H		4	U	N	T	O		8	F	I	G	B	A	R
14	C	E	E		15	M	E	I	R		16	A	F	R	I	C	A
17	C	E	L	18	L	A	R	E	D		19	L	E	A	D	E	N
20	E	S	P	Y		21	D	R	E	22	S	S	E	D			
23	S	T	I	E	24	S			25	A	U	E	L		26	B	C
29	S	O	N		30	T	H	E	L	M	A		33	A	E	R	O
				34	G	R	A	I	N	S		36	L	O	L	L	E
38	B	E	H	O	L	D	S		40	R	A	N	K	L	E	S	
41	E	V	A	D	E	D		42	B	A	R	T	A	B			
43	L	E	N	S		44	E	N	I	G	M	A		46	O	C	U
49	A	N	D		50	A	N	O	N		51	P	U	T	O	N	
				53	O	L	D	D	O	54	G	S		56	S	T	U
57	B	A	M	B	O	O		60	C	A	M	I	S	O	L	E	
62	A	L	B	I	N	O		63	H	I	E	D		64	M	D	A
65	H	E	A	T	E	R		66	E	T	E	S		67	S	A	D

July Book Club

Continued from page 14



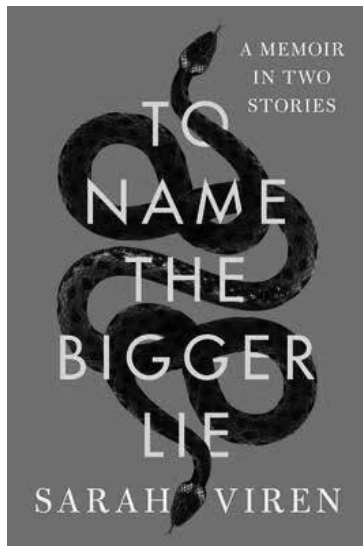
became the first Black woman to establish and preside over a bank in the United States.

“Maggie Lena Walker was ambitious and unafraid. Her childhood in 19th-century Virginia helping her mother with her laundry service opened her eyes to the overwhelming discrepancy between the Black residents and her mother’s affluent white clients. She vowed to not only secure the same kind of home and finery for herself, but she would also help others in her community achieve the same.

“With her single-minded determination, Maggie buckled down and went from school-teacher to secretary-treasurer of the Independent Order of St. Luke, founder of a newspaper, a bank, and a department store where Black customers were treated with respect. With the help of influential friends like W.E.B. DuBois and Mary McLeod, she revolutionized Richmond in ways that are still felt

today. Now, her rich, full story is revealed in this stirring and intimate novel,” according to Publisher Atria Books.

To Name the Bigger Lie
A Memoir in Two Stories
 By Sarah Viren



“Part coming-of-age story, part psychological thriller, part philosophical investigation, this unforgettable memoir traces the ramifications of a series of lies that threaten to derail the author’s life — exploring the line between truth and deception, fact and fiction, and reality and conspiracy.

“Sarah’s story begins as she’s researching what she believes will be a book about her high school philosophy teacher, a charismatic instructor who taught her and her classmates to question everything — in the end, even the reality of historical atrocities. As she digs into the effects of his teachings, her life takes a turn into the fantastical when her wife, Marta, is notified that she’s been investigated for sexual misconduct at the university where they both teach.

“Based in part on a viral *New York Times*’ essay, *To Name*

the Bigger Lie’ follows the investigation as it upends Sarah’s understanding of truth. She knows the claims made against Marta must be lies, and as she uncovers the identity of the person behind them and then tries, with increasing desperation, to prove their innocence, she’s drawn back into the questions that her teacher inspired all those years ago: about the nature of truth, the value of skepticism, and the stakes we all have in getting the story right.

“A compelling, incisive journey into honesty and betrayal, this memoir explores the powerful pull of dangerous conspiracy theories and the pliability of personal narratives in a world dominated by hoaxes and fakes. *To Name the Bigger Lie*’ reads like the best of psychological thrillers — made all the more riveting because it’s true,” according to Publisher Scribner.

Open Every Wednesday!

HUNTINGTON BEACH ELKS

BINGO

WEDNESDAY MATINEE

Doors Open at 9:00 AM. - \$15.00 Minimum Buy-In

23 TOTAL GAMES

ALL GAMES PAY \$250.00
 PULL TABS

COLOR MONITORS
 COMPUTERIZED VERIFICATION

CASH BALL

STRIP GAMES - \$500 - \$500 - \$500 - \$300 - \$300
 PLUS 2 TAB GAMES OF AT LEAST \$1199.

EARLY BIRD – 10:30 AM.

REGULAR – 11:00 AM.

LATE BIRD – Following Regular Games

6 ON – 4 UP (Plus 1 Strip)

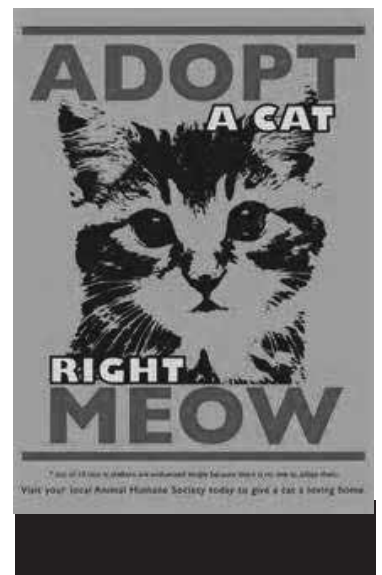
6 ON – 15 UP (Plus 2 Strips, 2 tabs)

6 ON – 4 UP (Plus 1 Strip)

FOOD AND SOFT DRINKS AVAILABLE FOR PURCHASE
 FREE COFFEE – TEA – POPCORN

HUNTINGTON BEACH ELKS LODGE
 7711 TALBERT AVENUE (2 BLOCKS WEST OF BEACH BLVD.)
 HUNTINGTON BEACH.
 (714) 848-9440

Overflow Parking Available at the Center for Spiritual Living just West of the Lodge on Talbert Avenue.



United Nations Children's Fund

This ad is provided for no fee in recognition of UNICEF's outstanding humanitarian work

My Wolfman Jack Experience

by Byron Laursen

In a recent “Wall Street Journal,” NPR’s David Brancacio, a veteran reporter on financial matters, paid tribute to the late Wolfman Jack, a disc jockey from the Sixties but meant for the ages. This year marks the 50th anniversary of the film classic “American Graffiti,” which was directed by George Lucas just prior to Wolfman played a central role as a small-town record spinner who encourages newly graduated Curt, played by Richard Dreyfuss, to dream big as he goes out into the world.

Wolfman, a Brooklyn-born guy whose real name was Bob Smith, unifies the film’s plot from his broadcast studio. He delivers the thrilling songs and the sexy, fun patter all the kids hear as they cruise through the California summer night.

Brancacio was only eight when “American Graffiti” hit the screen. He was too young to understand some of the movie’s escapades, but he did get one thing loud and clear: He wanted to grow up and become, like Wolfman Jack, a guy people would want to listen to on the radio.

Also this year, work is beginning on a documentary of Wolfman’s life. At the helm is Danny Tedesco, who produced a terrific documentary about two years ago called “The Wrecking Crew,” about the cadre of Hollywood’s top musicians who played on literally hundreds of Top 40 hits.



Photo courtesy Google.

They were the musical equivalent of ghost writers, laying down tracks for The Byrds, The Beach Boys, Sonny and Cher, Frank Sinatra, the Mamas and the Papas, and too many others to list.

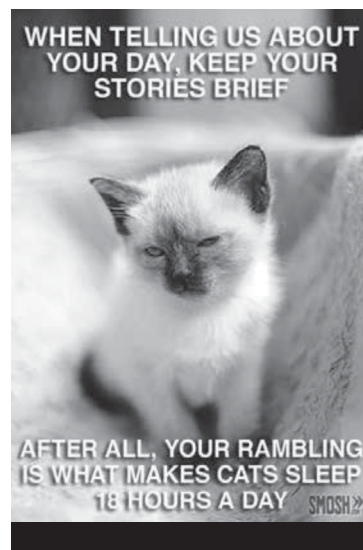
In my career as a ghost writer, I got picked to write Wolfman Jack’s autobiography, entitled “Have Mercy! Confessions of the Original Rock and Roll Animal.” It was, as you’d expect, an amazing experience. For all his booming confidence when he was behind a live mic at a high-voltage “border blaster” radio station, his voice covering a huge swath of the USA and sometimes pinging all the way to Sweden, in our private interviews he often turned shy. We would be in a small room and he would light cigarette after cigarette. I absorbed so much second-hand smoke that afterwards I smelled like a two-packs-a-day man. But the stories he told were more than worth the tobacco exposure I endured.

The shyness probably resulted from how often he skipped school while growing up, in favor of hanging around a radio station just to be around music and to learn the craft and the art of the disc jockeys he admired. His only higher education was taking a course to qualify for being on the air. But he was extremely bright, even if he didn’t know all the big words, and the Wolfman character was a genius-level creation.

Wolfman inspired people in many walks of life. He made each show feel like a great party in progress, and made every listener feel invited.

As a ghost writer, it’s been my privilege to serve many people – some famous and some not, but all extremely memorable – in harvesting their life stories so they can be available to the world. Whether they are simply a gift to one’s family, or intended to be published nationwide, they have the power to inspire, and that’s precious.

See ad on page 7.



Continued from page 17

need a fishing license in your area so do a little research. Since you’re near water, you need to stay very close to the grandkids and you will need to put the worm on the hook for them. Use a lot of sunscreen, give them a hat, pack a snack and you’re ready to go. Find out where the best fishing spots are for kids but be prepared to cut it short. Some kids might not find it exciting so don’t force them to stay. Plan on going for a short time and then make it longer the more you go. Catch and release is great but if you happen to catch something big and you know how to properly prepare and cook it, bring it home as a special dinner treat.

Swimming

Learning to swim is something that every parent should have their kids do at an early age.

It’s a skill they will never forget and may save their lives. The younger they are, the closer you must be to them. This must also be the rule at the beach, a public pool, or even in a small wading pool in your backyard. Never leave them alone. If you can, bring plastic balls or Frisbee to play in the water since kids love to make diving catches. Pool noodles, boogie boards, and beach balls are great fun but again; don’t forget to bring sunscreen.

Fly a Kite

If you can find an open space free of power lines and gopher holes, you can fly a kite. Start with the inexpensive ones found at the department store and try them out. If the grandkids like it, you may want to invest in a nice kite and watch them perform acrobatics in the sky.

Whatever you decide, just have fun, and enjoy your grandkids and their glowing smiles!



Life After Mother

By Lyn Jensen

'Exploring probate and estate issues from personal experience.'

Curb Appeal

If my mother had to choose between the giant evergreen in her front yard and her house, she probably would've chosen the tree — and tried to persuade somebody to build her a treehouse so she could live like Jane in search of "Tarzan." She once declared she wanted to make the tree part of Anaheim's historical preservation program — never mind that there was nothing historical about it.

As for what kind of a tree would grow to such dimensions that it would threaten to flatten the house, my neighbor says he remembers it being a "Plantation Pine," and I'll take his word for it, although I've found nothing about any such species either online or in the gardening books I've checked. Whatever it was, it was damaging the house, and — contrary to what my mother would've thought — I chose to keep the house.

The tree-removal company followed a scorched-earth policy and removed other plants from the front yard, too, leaving only an uneven expanse of scraggly weedy grass, which doesn't do much for the house's curb appeal.

At least the lawn stays fairly green — thanks to an automated "smart" sprinkler system that took me months to get the



hang of, and I still sometimes wonder if I fully understand. I've moved some surplus plants and decorative ironwork that was cluttering up the backyard around to the front, making the appearance a little more inviting.

In front of the porch remains an eyesore. Where I have memories of ivy and jasmine growing, the transitional space is now bare except for a sparse sprinkling of weeds, a hose faucet, and a trio of bulky wheeled garbage cans — one for trash, one for recyclables, and one for yard waste — that cities like Anaheim are so fond of issuing these days.

My well-meaning neighbor kindly pointed out to me that the city wants people to store their garbage cans out of sight. That's all I need, some busybody squawking to the city about the sight of garbage cans in my yard, and if you're wondering why I can't just put them in my garage, which would require an explanation long enough to fill another column. Neither of my side yards has a walkway suitable for wheeling the garbage cans back and



forth, either so that means I must now consider some major re-landscaping for the front and back yards. The backyard has its own set of issues, with



a half-dead scraggly weedy lawn, and trees that need to be cut down or transplanted. I'm looking into the possibility of getting some financial assistance to do some drought-resistant landscaping.



Combat Fraud: Don't Click & Don't Answer

by Rosemary Lewallen
and Monica Kovach

The attendees at the May 22nd Benefits Trafficking and Financial Abuse workshop at St. Irenaeus Parish Hall were eager to hear how to protect themselves from financial abuse scams, benefits trafficking, and human trafficking. Two Federal Bureau of Investigation experts, a Special Agent and Victim Specialist, gave valuable information on how to spot these scams and not become a victim. We were also honored to have Cypress Mayor Anne Hertz-Mallari and Cypress Police Captain Chris Revere in attendance to offer remarks.

The best form of prevention for telephone or online scams is DON'T ANSWER and DON'T CLICK. If you answer a robocall, it only encourages more calls, further harassment and intimidation. Screen all calls. DON'T ANSWER a call unless you recognize the phone number. Let it go to voicemail. If no message is left, block that number. If you want to stop robocalls, contact your phone carrier as well as the Federal Trade Commission (1-888-382-1222 or www.ftc.gov). If you don't recognize an email address or website, DON'T CLICK on the address OR the link within the email, simply delete. A secure website has an "s" in the "https" portion of the address (i.e. <https://sticypress.org>).

Most healthcare fraud is the re-

Continued on page 28

ADMIT
ONE

By Randal C. Hill

Movie Preview

'Mission Impossible — Dead Reckoning Part One'

This summer, Tom Cruise is back on the big screen as the international spy/adrenaline junkie Ethan Hunt for the seventh (but not final) "Mission: Impossible" flick, this one subtitled "Dead Reckoning Part One." (Part Two comes out in June 2024.)

Back in 1996, very few movie buffs would have expected such an enduring franchise to emerge from the original "Mission: Impossible" releases. In the 26 years since Brian De Palma's espionage thriller first exploded onto the silver screen, we've seen five sequels and witnessed a film series that have proven to be Hollywood's slickest action film series ever. Christopher McQuarrie, now in charge of writing, directing, and producing, helmed the previous two "Mission: Impossible" blockbusters, "Fallout" and "Rogue Nation."

Paramount's recently released movie trailer revealed little about "Dead Reckoning's" central premise but highlighted the high-octane stunts we've looked forward to over the years.

There are three main action set pieces here. One is a smash-'em-up 20-minute car chase through Venice, Italy. Another is when Cruz and his latest protagonist fight on a high-speed

train. But we experience the primary head-spinner when Cruise ramps off a mountain cliff on a motorcycle before jumping off and opening a parachute.

Cruise, who turns 61 this month, has admitted that this last feat was by far the most dangerous he has ever attempted. (He performs nearly all his stunts.) He endured 500 hours of skydiving training to prepare, made 1,300 practice motorcycle jumps, and ran through his paces six times before filming.

Cruise is joined by a fine supporting cast, which includes Ving Rhames as tech wizard Luther Stickwell, Simon Pegg as fellow field agent Benji Dunn, and Rebecca Ferguson as former M16 operative Ilsa Faust. Esai Morales, best remembered as Ritchie Valens's half-brother in the biopic "La Bamba," takes on the new primary bad guy role.

Henry Czerny's character of Eugene Kittredge, a former Impossible Missions Force Director whom we haven't seen since the first "Mission: Impossible" nearly three decades ago, plays a major role in connecting the dots to Hunt's legendary past.

Film locales include Italy, Norway, the Middle East, and England.

McQuarrie got his movie title from a particular deadly source that poses the greatest threat yet to Ethan Hunt and his team. " 'Dead reckoning' is a navigational term, explains Christopher. "It means you're picking a course based solely on your last known position ... There are many things emerging from Ethan's past." He pauses, smiles, then decides to explain nothing further.

The action begins on July 14.

Combat Fraud

Continued from page 27



The photo attached was taken by the office of Cypress Mayor Anne Hertz-Mallari. It shows, from left to right, Cypress Mayor Anne Hertz-Mallari, Cypress Police Captain Chris Revere, Monica Kovach, Carol Reed and Donna Kriesel.

sult of over-billing for medical services, or billing for procedures or supplies not actually provided. As a prevention, always review monthly your EOB's (Explanation of Benefits) statements and report any discrepancies or questions.

Common financial fraud schemes include investment fraud, romance or imposter

scams, advanced fee scams, tech support, elder fraud, grandparent scams, identity theft, as well as benefits trafficking of Veterans, Medicare or Social Security benefits. Protect your personal identification by never providing personally identifiable information, such as your name, address, Social Security number, Medicare number, account numbers, date of birth, etc., unless you know the recipient, verify the number or website. Shred all documents with such personally identifiable information. Be cautious what information is posted on online social media sites because this personal information is easily accessible, possibly including answers to identity questions used for authentication (i.e., name of high school attended). Run a yearly credit report through one of the big three credit bureaus to review details of your credit report. Report any items that are incorrect to the credit bureau. IRS scams are also prevalent. The federal government will NEVER call to ask for money.

Don't use phones as computers. Phones contain a huge amount of personal information. To prevent fraud, use computers rather than phones for placing online orders to verifiable companies, use strong passwords that are not shared with others, and NEVER provide remote access to your computer. If you realize that a scammer has remote control of your computer, log off the Internet/Wi-Fi, severing the access.

Older adults, especially the recently widowed, may become

targets of a romance scam. A red flag is when the scammer rushes a person into believing they're in a relationship, then asks for money, personal information or other valuables. If the scammer requests money, NEVER transfer funds online, withdraw cash from a bank or investment account, or purchase gift cards for the scammer.

Talk with your grandchildren about grandparent scams. This is when a scammer calls to say that the grandchild is hurt or was in a car accident and needs money which the grandparent is asked to send.

If, despite your best efforts, fraudulent activity occurs, report it to the FBI so they can investigate if a crime has been committed and then assign a Special Agent criminal investigator as well as an FBI Victim Specialist once a victim is identified. Cypress Police Captain Chris Revere also noted that it is important to contact the local police department for assistance, resources and to establish if a trend is occurring.

Here are some valuable resource numbers:

National Elder Fraud Hotline 1-800-372-8311
(1-800-FRAUD-11) - a great reporting resource
National Credit Reporting Agencies:
Equifax: 1-800-525-6285 (www.equifax.com)
Experian: 1-888-397-3743 (www.experian.com)
Trans Union: 1-800-680-7289 (www.transunion.com)
Annualcreditreport.com (to request annual credit report)
National Human Trafficking Hotline: 1-888-3737-888
Identity Theft Resource Center: 1-888-400-5530 (www.idtheftcenter.org)
Adult Protective Services (APS) 1800-451-5155 (to report elder and dependent adult abuse)
FBI: file a complaint at <https://www.ic3.gov/>

POEMS.PRAYERS.PROMISES
THE MUSIC OF JOHN DENVER



Starring
Jim Curry

**THE VOICE OF JOHN DENVER IN THE CBS TELEVISION MOVIE
 "TAKE ME HOME, THE JOHN DENVER STORY!"**

JOIN ACCLAIMED PERFORMER JIM CURRY FOR THIS TRIBUTE TO THE MUSIC OF ONE OF THE MOST BELOVED SINGER/SONG-
 WRITERS EVER TO GRACE THE STAGE. JIM'S UNCANNY ABILITY TO MIRROR JOHN'S VOICE AND CLEAN-CUT LOOK TAKES YOU
 BACK TO THE TIME WHEN "ROCKY MOUNTAIN HIGH" "SUNSHINE" "CALYPSO" AND "ANNIE'S SONG" TOPPED THE CHARTS, AND
 HIS POPULAR MUSIC HAD THE HEARTFELT MESSAGE OF CARING FOR THE EARTH AND CARING FOR EACH OTHER.

SO JOIN US FOR AN AFTERNOON OF RELAXING MUSIC AND FOND MEMORIES OF THE SAME WITH GOOD FRIENDS.

DATE	TIME	LUNCH
MONDAY	DOORS 12:30 P.M.	TABLE SERVED
JULY 17TH	LUNCH 1:00 P.M.	*SENIOR FRIENDLY ACCESS
	SHOW 2:00 P.M.	*FREE INDOOR GARAGE PARKING
THE GRAND, 4101 WILLOW ST. LONG BEACH, CA 90815		
FOR MORE INFORMATION OR RESERVATIONS CALL (714) 475-9678		
<small>PRODUCED BY JRW GROUP ENTERTAINMENT / JIM WHIRLOW, DIRECTOR OF THE GALAXY OF STARS 2023 VARIETY SHOW SERIES</small>		

**SMALL DONATIONS
 MAKE A BIG
 DIFFERENCE**



SupportDisasterRelief.org

ad COUNCIL



Age Well
 Senior Services
A COMMUNITY-DRIVEN, CARING, COUNTRY BRAND

Senior Cuisine Delivered

**Get The Best Local
 Restaurants Delivered
 Right To Your Door.**

Exclusive Affordable Meal Program. For Orange
 County Residents 50+, Caregivers & Dependents.

Eat better while spending less with
 Age Well's Senior Cuisine Delivered.
 Lunch & dinner from your favorite local
 restaurants. One, Three, & Five Day Meal
 Plans! Gift cards available. Get \$5.00 off
 your first order when you invite a friend.

Delicious • Affordable
 Nutritious • Convenient

Sign up today at
www.myagewell.org

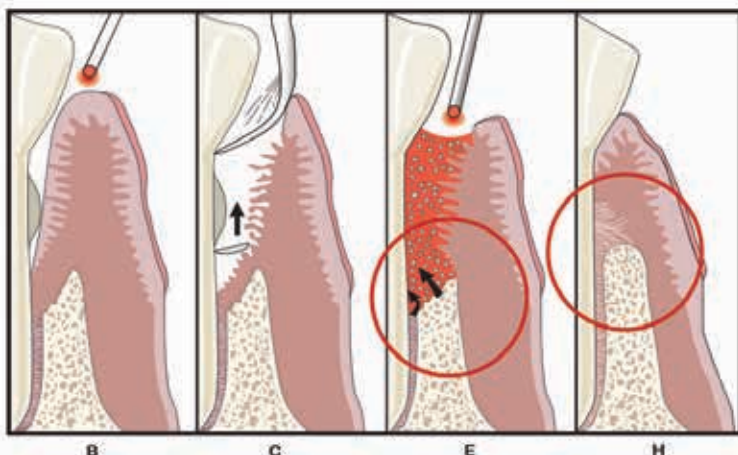


JUST
\$10.95
 PER MEAL

FREE Gum Disease Treatment

For qualified patients with the research proven¹ **LANAP** laser protocol

The **LANAP** protocol is FDA cleared² for True Periodontal Regeneration and has a 95% success rate over 21 years.



Regrow bone lost to gum disease!

CALL TODAY! // www.LANAP.com

1-888-LANAP-4-YOU

526-2749

1. Gregg RH II, Gregg DM. Laser-assisted periodontal regeneration with the LANAP protocol. *Dent Today* 2019 May;38(5):78, 80-83
2. FDA Clearance K151763



**PHYSICAL
THERAPY
IN
YOUR
HOME**



**OUTPATIENT PHYSICAL THERAPY IN THE
COMFORT OF YOUR HOME**

MEDICARE ACCEPTED

(714) 580-2868

The individuals pictured above are models and are not actual therapist and patient.



SOLACE HOME CARE

Services we provide

Meal preparations

Light housework

Transportation

Companionship

Personal care

Chronic illness care

And many more

Solace Home Care provides you

with high-quality service

at the comfort of your home

Call us today: 949-881-7517



Coastal Senior Living

Because.. The best is yet to come

**A luxury temporary or forever home for
seniors who deserve pampering**

(949) 357-7633 i coastalcare1@gmail.com



FAC# 306005619

Bits and Pieces

This month I'm going to touch on a few different bits and pieces of Medicare for you to know:

1. ER or Urgent Care?

Do you know where your closest ER or Urgent care is located? Call your doctor's office to find out.

Here are some reasons to go to Urgent Care vs. ER.

A. Urgent care centers are ideal for non-emergency care. Things like a cough, sore throat, body aches, colds, sinus infections, allergies, eye irritations, muscle sprains, nausea, vomiting or diarrhea. When you can't get into see your doctor right away, then an urgent care is available.

B. Emergency Rooms are for life threatening or disabling conditions. If you think you have had a stroke, heart attack, or you've been in an severe auto accident with injuries, a loss of consciousness, uncontrolled bleeding, poisoning, or sudden severe abdominal pain, please go to the emergency room.

2. **Eye Exams** are more than what they seem. Did you know that an eye exam can detect things like heart disease, diabetes and more? When was the last time you had your eyes examined? Most Medicare plans include yearly routine eye exams.

3. **Dental Care** can detect things like cancer, nutrition issues and osteoporosis, just to name a few. Dental care is one of the more expensive health-

care items and most Medicare plans include some dental care. If your plan does not include dental care, please call your preferred dentist and talk with them about what dental plans they accept.

4. **Assistant Dogs** are invaluable for certain disabled people. If you or someone you know in California has a licensed assistant dog due to a disability they may be eligible to receive \$50/mo. from the State of California. Call 916-657-2628 or www.cdss.ca.gov/assistance-dogs to learn more.

5. **Vaccines** are an important part of staying healthy. Medicare covers vaccines like: Shingles, Tetanus Diphtheria, Pertussis (Whooping cough), Hepatitis A & B, Flu shots, Pneumococcal and Covid to name a few. Talk to your doctor about which vaccines are right for you.

6. **Does Medicare cover vaccines for free this year?** The **Inflation Reduction Act** says that beginning in 2023, adult vaccines recommended by the Centers for Disease Control and Prevention are free for Medicare beneficiaries with prescription drug coverage. So, you need to have a Medicare Advantage plan that includes Part D prescription drugs, or a standalone Part D prescription drug plan to get free vaccines. However, 1 in 11 Medicare beneficiaries do not have a prescription drug plan therefore they will have to pay for certain vaccines.

7. **I don't take any prescriptions** so why do I need a Part D prescription drug plan?

You may not think you need a prescription drug plan right now because you don't take any medications, but like above, the Part D prescription drug plan covers more than just your everyday medications. AND if you don't sign up for a Part D prescription drug plan when you first take Medicare you will be subject to a late enrollment penalty if you decide to sign up for a plan later. There are certain exceptions to this rule.

8. **How much was that ambulance ride?** Most Medicare Advantage plans cover ambulance services at a reduced rate. However if you have a only original Medicare, you will be responsible for 20% of the Medicare approved ambulance charge. Check with your plan and know your costs. Medicare Part B covers the cost of an ambulance in emergency situations if the trip meets several criteria:

- A. Ambulance is medically necessary.
- B. It's the only safe way to transport the patient.
- C. It's going to a Medicare approved location like a hospital, skilled nursing facility or back home after care.
- D. The destination is the nearest qualifying facility that can treat you.
- E. The transportation company meets the Medicare standards.

Sandra Teel
Insurance Broker
specializing in Medicare
657-204-4224
909-856-9379



FREE 2023 Awareness Program

Presented by: **MACULAR DEGENERATION ASSOCIATION**

Matters of Vision! 2023
Saturday, July 22, 2023
2:00 pm to 4:30 pm
Speaker: Jeffry Gerson, OD, FAAO

Did you know that 11 million people have some form of macular degeneration in the United States? Want to know how to save your vision? Sign up for our free program today.

To Register, Call (855) 962-2852

Location:
Hotel Maya at DoubleTree by Hilton
700 Queensway Drive
Long Beach, CA 90802

>Reservations Required
>Seating is Limited
>Breakfast Included

Thank you to our sponsors:

IVERIC bio **MacuHealth** **NOTAL VISION**
REGENERON **ALEXION** **Apellis**



ELITE FIDUCIARY SERVICES

"When only a professional will do!"

Elaine M. Watrous - CLPF, NCG, CSA

Elaine@EliteFiduciary.com
(714) 746-4972
www.EliteFiduciary.com

Certified Senior Advisor
National Certified Guardian
California Licensed Professional Fiduciary

Bill Payment Services
Trustships & Executorships
Trust & Probate Administration
Special Needs Trust Administration
Powers of Attorney - Health & Financial

Senior Care Hero Award Winner 2018

CSA **NGA** **PFAC**

1421 N. Wanda Rd., Suite 120P Orange, CA 92867

SENIOR REPORTER

"Serving The Needs of Orange County & Long Beach Seniors Since 1974"

*published monthly by
Sunset Publishing Agency*

Affordable
Advertising
is within
your reach



Classified &
Professional
Service
Directory

Only \$37.50

a month with a
6-month commitment

Call for rate information

714-975-6345

jimwebb@seniorreporterofoc.com

Call Bill Thomas

714-458-5703

seniorreporterofoc@aol.com